

Community Advisory Council (CAC) Meeting Attendance

*Joint meeting with CGHC Board

Date: June 25, 2018

Location: [] MCMC – MOB A [X] FISH FoodBank Hood River

	Jun 25	May 21	Apr 23	Mar 19	Feb 26	Jan 22	Dec 18	Nov 27	Oct 23	Sep 25
VOTING MEMBERS										
Carol S. Olvera, Consumer		X	X						X	X
Connie Armour, Consumer								X		
Heather Thompson, Consumer	X	X	X		X	X	X	X	X	X
Jack Miller, Consumer	X	X	X	X	X		X	X	X	X
Joel Pelayo, Consumer	X	X	X	X	X	X		X	X	X
Karen Polehn, Consumer	X	X		X				X		
Mayra Ulloa, Consumer		X	X				X	X	X	
Susan Lowe, Consumer	X	X	X	X	X		X	X	X	X
Barb Seatter, Mid-Columbia Center for Living	X	X			X	X	X	P		X
Christa Rude, Early Learning Hub	X		X	X		X				
Lori McCanna, DHS				X		X				X
Paul Lindberg, Chair, Collective Impact Health Specialist	X	X	X	X	^	X	X	X	X	X
LIAISONS										
Dustin Zimmerman, OHA	X	X	X	X	X	X		X	X	X
Trish Elliott, CAP liaison	X	X	X	X	P	X	X	X		X
Trudy Townsend, PacificSource	X	X	X	X	X	X	X	X	X	
EXTENDED MEMBERS										
211Info, Lorena Herrera										
Blue Zones, Leticia Valle						X				
CGHC, Coco Yackley	X	X	X	X	X	X	X	X	X	X
CGHC, Katy Williams	X	X	X	X	X	X	X	X	X	X
CGHC, Suzanne Cross	X		X	X	X	X	X	X	X	X
Community Member, Laura Ferrara	X	X		X	X	X				X
DHS, Nadja McConneville	X		X	X	X		X		X	
Gorge Grown, Liz Oberhausen		X			X	X				
Gorge Owned, Lindsay Miller										X
HAVEN, Becca Simmons	X		X	X		P		X	X	
Helping Hands Oregon, Stephanie Irving							X		X	X
HR Co. Prevention Dept., Belinda Ballah					X	X	X		X	
HR Co. Prevention Dept., Ilea Bouse								X		
HR Shelter Services, Andy Wade							X		X	
Klickitat County, Megan Winn							X			X
Klickitat Valley Health, Jeff Teal								X	X	X
MCCFL, Claire Ranit		P			X				X	
MCEDD, Kathy Fitzpatrick	X		X	X	X	X	X		X	X
MCMC, Celeste Hill-Thomas	X		X	X		X	X	X	X	X

	Jun 25	May 21	Apr 23	Mar 19	Feb 26	Jan 22	Dec 18	Nov 27	Oct 23	Sep 25
Mid-Columbia Action Council, Jim Slusher									X	
Mid-Columbia Housing Authority, Joel Madsen										X
Mid-Columbia Housing Authority, Karen Long		X		X		X	X			
NCPHD, Judy Bankman	X				X	X				
NCPHD, Kirah Doerr	X	X	X	X	X					
NCPHD, Shellie Campbell	X			X	X	X	X		X	X
OCDC, Sandy Pulido									X	
One Community Health, Kristine Mier		X	X	X	X		X	X	X	X
PacificSource, Elke Towey	X	X	X	X	X	X	X	X	X	X
Providence, Mark W. Thomas	X	X					X			X
Providence, Gladys Rivera	X				X	X	X	X	X	X
Providence, Anna Williams							X		X	
Revell Coy Insurance, Shanon Saldivar										
Reliance eHealth Collaborative, Dan Donoghue		X	X	X	X		X		X	X
Sherman Co. Commissioner, Tom McCoy								X		
Skyline Hospital, Debi Budnick					X	X				X
The Next Door, Janet Hamada	X		X							
The Next Door, Martha Zapien	X	X	X	X	X	X				
United Way, Jarrod Holmes		X	X	X	X	X	X	X	X	X
YouthThink, Debby Jones	X	X				X		X	X	X

(P) Partial attendance

Email Distribution List (bold means they attended this meeting):

211Info: Cara Kangas
 Advantage Dental: Ashley Danielson; Molly Johnson
 Aging in the Gorge Alliance: Tina Castanares; Bonnie New; Becki Rawson
 AOC: Jessy Rose
 Blue Zones Project Oregon: Dillon Melady; **Taylor Smith**
 COIPA: Kim Bangerter, MBA
 Columbia Gorge Community College: Michael Krimmel
 Community Members: Roelina Dempsey; Anna Williams, Luz Oropeza
 GOBHI: Kris Boler
 Gorge Grown: Gale Arnold; Sarah Sullivan
 HAVEN: Tara Koch
 Hood River Cares: Laura Westmeyer
 HR County Prevention Dept: Nubia Contreras; Jane Palmer
 Iteration Evaluation: Becca Sanders, PhD
 Klickitat County: Kevin Barry; Rita Pinchot
 Klickitat Valley Health: Jim Daniel; Leslie Hiebert

MCEDD: Amanda Hoey
 MCMC: Stephanie Bowen; Blanca Flores; Alida Raynor
 NCPHD: Stephanie Buell; Jeremy Hawkins; Teri Thalhofer
 OCADSV: Meagan Schorr
 OHSU: Kim Brown; Melinda Davis; Robyn Pham; **Chelsea Ruder**
 One Community Health: Brooke Nichols; Shannon-Marie O'Brien; Tracy Welker
 Oregon Healthiest State: Sarah Foster
 ORPRN: Emily Chirnside
 OSU Extension: **Lauren Kraemer**
 PacificSource: Heather Simmons, MPH; Kate Wells; **Lindsey Hopper, JD; Kristen Dillon, MD**
 Revel Coy Insurance: Abby Rudder
 Skyline: Elizabeth Vaivoda
 Youth Empowerment Shelter: Linda Casady
 Zion Lutheran Church: Tyler Beane Kelly

Community Advisory Council (CAC) Meeting Minutes

*Joint meeting with CGHC Board

Date: June 25, 2018 Time: 3pm – 5pm Location: [] MCMC - MOB A [X] FISH FoodBank HR

Agenda Item	Duration, Presenter, Action Type
<p>I. Welcome & Introductions</p>	<p>Paul Lindberg welcomed the group to the joint CGHC CAC and Board meeting. The Board members present at the meeting included: Molly Rogers; Al Barton, MS, LPC; David Edwards, FACHE; Elaine Castles, PhD; Elizabeth Foster, MD; Jeanie Vieira, RN; Paul Lindberg; Lindsey Hopper, JD, MPH</p> <p>Sarah Fox was a guest attendee.</p> <p>Paul Lindberg shared his style of leading meetings by intentionally moving around the room. He does this to keep the energy level high and to keep people engaged since everyone needs to adjust their position.</p>
<p>II. Approve May CAC meeting minutes</p>	<p>On a motion made by Susan Lowe and seconded by Karen Polehn, the CAC unanimously approved the May CAC minutes.</p>
<p>III. Announcements/Braving</p>	<p><u>The Next Door is pleased to announce the purchase and grand opening of their new office</u> in The Dalles located at 1113 Kelly Avenue (the former Mid-Columbia Council Of Governments building). Ribbon cutting event is 5:15pm – 6pm on Tuesday June 26th This space will triple the space for The Next Door in The Dalles.</p> <p><u>Food Hero Volunteer training: Oregon State University (OSU) Extension June 27, 2018 from 9am-2pm</u> at One Community Health in The Dalles. 1040 Webber Street. Contact Lauren Kraemer @ 541 386 3343 x38258 or lauren.kraemer@oregonstate.edu</p> <p><u>Mid-Columbia Medical Center (MCMC) Nichols Landing Grand Opening is on June 28, 2018 from 5-7pm PM.</u> Come tour the new MCMC Nichols Landing building that will offer a variety of clinics including cardiology, urology, rehab, orthopedics, and other services</p> <p><u>Oregon Health & Science University (OHSU) Led focus groups for seniors 75 or older on Friday June 29th @ 1pm at the Hood River Valley Adult Center Board room.</u> The focus group is seeking opinions regarding participating in medical research. \$25 Safeway gift card for participating. Contact Laura Ferrara at 541 399 1139 or lauraf920@gmail.com</p> <p><u>Imagination Library coming to Wasco, Hood River, Sherman, Gilliam and Wheeler.</u> Visit https://imaginationlibrary.com/ to sign up your young friend or family member. Contact Christa Rude, Four Rivers Family for more info at 541 506 2255</p> <p><u>2018 Summer Meal sites in the Gorge.</u> Nadja McConville nadja.mcconville@dhsosha.state.or.us compiled two documents summarizing the</p>

	<p>different meal sites during the summer months and how to use Electronic Benefits Transfer (EBT) cards.</p> <p>Summer Swim RX – for children (5-12) who are screened at a Primary Care Provider office and are below the recommended amount of physical activity, the parent will be offered the opportunity for a family summer swim pass as a reduced cost of \$25 total for 3 months for the Family. Contact Judy Bankman judyb@ncphd.org for more details.</p> <p>Hood River County Health Department is recruiting up to 50 Women, Infants & Children (WIC) pregnant women in their first trimester to participate in a WIC/Veggie Rx study. Hood River County Health Department qualified WIC enrollees will receive sufficient Veggie Rx vouchers for the household for a 15 month study. Contact Hood River County Health Department WIC program for more details.</p> <p>Newly released CCO 2.0 survey: https://www.surveygizmo.com/s3/4424970/OHP-Member-Roadshow</p> <p>CCO 2.0 webpage for more information: https://www.oregon.gov/oha/OHPB/Pages/CCO-2-0.aspx</p> <p>Hood River County Board of Commissioners voted unanimously to adopt an ordinance establishing a Hood River County ID to be available in early 2019.</p> <p>Luz Oropeza informed staff that she is unable to commit to attending the CAC meetings on a regular basis and is resigning as a voting member. She will remain on the distribution list to keep informed of the work and wishes everyone the best.</p>
<p>IV. Dinamica</p>	<p>Suzanne Cross introduced the topic for “Getting to know each other”. The joint meeting provided an opportunity for CAC members and Board members to learn a little about each other through a dinámica, a practice of the Popular Education method of meeting and learning. Dinámicas are an inter-active way for meeting participants to get to know each other. The process used for this section was as follows:</p> <ol style="list-style-type: none"> 1- Attendees paired with someone they didn’t know well: <ul style="list-style-type: none"> • CAC and Board members paired with each other where possible 2- Each pair spoke with each other for 4 minutes, 2 minutes per person 3- Everyone had 4 separate opportunities to engage with different people 4- Topics shared with each other included: <ul style="list-style-type: none"> • Their names and why each person is at the meeting • How does each person like to spend their time? • What brings each person joy? • Why are each engaged in the CCO? • What positive changes would each like to see in the community?
<p>V. Socio-drama</p>	<p>Suzanne Cross introduced the Socio-drama topic. A few socio-dramas were presented highlighting both successes and challenges that CAC members have directly experienced. Socio-dramas are a Popular Education method of meeting and learning designed to help meeting participants better understand life experiences of others. Socio-dramas are brief scenes that are acted out in front</p>

	<p>of the group. The actors in the socio-dramas included: Joel Pelayo, Karen Polehn, Suzanne Cross, Molly Rogers, Elaine Castles, and Martha Zapien. The specific themes were on:</p> <ul style="list-style-type: none"> • Clients and enrollment assistors in enrolling qualified members • Accessing and navigating health care • Communication between healthcare providers and members
<p>VI. Old Business</p> <ul style="list-style-type: none"> • Parking Lot • Follow-up on 4 questions 	<p>Parking Lot items</p> <p>New Parking lot items:</p> <ul style="list-style-type: none"> • Are long-term care costs included in the \$14B of Oregon’s total Medicaid healthcare costs? • For the Community Health Assessment (CHA)/Community Health Improvement Plan (CHIP), what are the client satisfaction measures? <p>Previous Parking Lot items (a ✓ means the topic was addressed and no longer needs to be on the parking lot):</p> <ul style="list-style-type: none"> ✓ Presentation on CCO 2.0 from Oregon Health Authority (OHA) to the CAC – this topic is being addressed in the June CAC meeting agenda ✓ Summer meals, Supplemental Nutrition Assistance Program (SNAP), Breakfast, and after school programs – Nadja McConville provided two summary documents that were sent with the announcement email following the CAC meeting. Per Nadja, this topic is no longer needed on the parking lot. <p>Follow-up on 4 questions</p> <p>Suzanne Cross introduced the topic regarding the CAC and Board responses on the 4 questions. The group divided up into 4 work groups to discuss the responses to the 4 questions posed to both the CAC and the Board.</p> <ul style="list-style-type: none"> • What are we (CAC) currently? • What do we (CAC) want to be? • Who do we (CAC) want to be? • What process changes or additions to the meetings would you like to see? <p>Each workgroup gathered observations and thoughts regarding the CAC and Board responses to each of the 4 questions.</p> <p>The notes from each work group will be compiled and brought to the Steering committee for development of a draft CAC mission and vision.</p>
<p>VII. New Business</p> <p>CCO 2.0 Informational presentation</p>	<p>Dustin Zimmerman from Oregon Health Authority (OHA) and Lindsey Hopper from PacificSource presented the overview and timeline for “CCO 2.0”</p> <ul style="list-style-type: none"> • As a reminder, Coordinated Care Organizations (CCOs) started in 2012 with the goal of achieving the Triple Aim of 1) Better care, 2) Better health and 3) Lower health care costs. • Lots of data have been collected over the past 5 years on what’s working and what’s not working. • The next 5-year contract for Coordinated Care Organizations is known as “CCO 2.0” and provides an opportunity to make changes.

	<ul style="list-style-type: none"> • The CCO 2.0 contract period will be from January 1, 2020- December 31, 2024. • Existing CCOs will have to apply to continue being a CCO. • In Fall 2018, more details will be available from OHA on that process. <p>Governor Brown has asked for recommendations from the Oregon Health Policy Board in 4 areas for improving CCOs in the future:</p> <ul style="list-style-type: none"> • Maintain sustainable cost growth • Increase value-based payments and pay for performance • Focus on social determinants of health and equity • Improve the behavioral health system <p>A new survey is available for providing community input on CCO 2.0 survey: https://www.surveymonkey.com/s/4424970/OHP-Member-Roadshow and more details about CCO 2.0 can be found at https://www.oregon.gov/oha/OHPB/Pages/CCO-2-0.aspx</p>
<p>VIII. Debrief on the Joint Meeting</p>	<p>Paul Lindberg led a ‘debrief’ of the overall meeting seeking participant feedback on positives and negatives of the meeting itself. This ‘debrief’ comes from the Popular Education model of meeting and learning. The positives and negatives for the Joint meeting and future meetings included the following:</p> <p>Highlights:</p> <ul style="list-style-type: none"> • Loved seeing the real impact of families. The SocioDramas were very powerful • Met people I had not met before • Good meeting space for the activities of the meeting • Snacks • Meeting started and ended on time <p>Negatives/Suggestions:</p> <ul style="list-style-type: none"> • It was challenging to focus on all 4 questions. Would have appreciated a little more structure • More debriefs within the meeting – especially after the sociodrama • Acronyms continue to be used.
<p>IX. Next CAC Meetings</p>	<p>July – No meeting</p> <p>August 27, 2018 @ FISH Food Bank</p>

Acronyms	
A1C. Specific test for monitoring diabetes ACA. Affordable Care Act ACE. Adverse Childhood Experience ADHD. Attention Deficit Hyperactivity Disorder AGA, Aging in the Gorge Alliance AOC. Association of Oregon Counties APD. Adults & Peoples with Disabilities AWCV. Adolescent Well Child Visit	HTN. Hypertension IIS. Immunization Information System IMMS. Immunizations LARC. Long-acting Reversible Contraceptive LUBA. Land Use Board of Appeals MA. Medical Assistant MARC. Mobilizing Action for Resilient Communities MCCFL. Mid-Columbia Center For Living

BMI. Body Mass Index	MCCOG. Mid-Columbia Council of Governments
CAHPS. Consumer Assessment of Healthcare Providers and Systems	MCEDD. Mid-Columbia Economic Development District
CAT. Columbia Area Transit.	MCHA. Mid-Columbia Housing Authority
CAWEM, Citizen Alien Waived Emergent Medical	MLR. Medical Loss Ratio
CCO. Coordinated Care Organization	NCPHD. North Central Public Health District
CGFM. Columbia Gorge Family Medicine	NEMT. Non-Emergency Medical Transportation
CGHC. Columbia Gorge Health Council	NICH. Novel Interventions in Children’s Healthcare
CHA. Community Health Assessment	OCADSV. Oregon Coalition Against Domestic & Sexual Violence
CHARA. Community Health Advocacy & Research Alliance	OCDC. Oregon Child Development Coalition
CHIP. Children’s Health Insurance Programs	OCF. Oregon Community Foundation
CHIP. Community Health Improvement Plan	OCH. One Community Health
CLAS. Culturally & Linguistically Appropriate Services	OHA. Oregon Health Authority
CME. Continuing Medical Education	OHP. Oregon Health Plan
CMS. Center of Medicaid Services	OHPB. Oregon Health Policy Board
COIPA. Central Oregon Independent Practice Assoc.	OHSU. Oregon Health and Science University
CRAFFT. (Adolescent Screening Technique) Car, Relax, Alone, Forget, Friends, Trouble	OKQ. One Key Question
CRC. Colorectal Cancer	ONE. Oregon Eligibility
DCO. Dental Care Organization	ORPRN. Oregon Rural Practice-Based Research Network
DDA. Dual Diagnosis Anonymous	OSAA. Oregon School Activities Association
DHS. Department of Human Services	PCP. Primary Care Provider
DNR. Do Not Resuscitate	PCPCH. Patient-Centered Primary Care Home
DTAP. Vaccine for Diphtheria, Tetanus and Pertussis	PDMP. Prescription Drug Monitoring Program
eQM. Electronic Clinical Quality Measure	PHRMH. Providence Hood River Memorial Hospital
ECHO. Extension for Community Healthcare Outcomes	POLST. Physician Orders for Life-Sustaining Treatment
ECU. Effective Contraceptive Use	POTA. Pain and Opiate Treatment Advisory
ED. Emergency Department	PS. PacificSource
EHR. Electronic Health Record	QHOC. Quality & Health Outcome Committee
EMR. Electronic Medical Record	QIM. Quality Incentive Measure
EOB. Explanation of Benefits	RFP. Request for Proposal
FIT. Fecal Immunochemical Test	ROI. Return on Investment
GGFN. Gorge Grown Food Network	RWJF. Robert Wood Johnson Foundation
GOBHI. Greater Oregon Behavioral Health Inc.	SBHC. School-based Health Center
GRACE. Geriatric Resources for Assessment & Care of Elders	SBIRT. Screening, Brief Intervention and Referral for Treatment
HERC. Health Evidence Review Committee	SBST. STarT Back Screening Tool
HIE. Health Information Exchange	SIT. Systems Integration Team
HIT. Health Information Technology	SNAP. Supplemental Nutrition Assistance Program
HRCHD. Hood River County Health Department	SPMI. Serious and Persistent Mental Illness
HRCPD. Hood River County Prevention Department	SUD. Substance Abuse Disorder
	TANF. Temporary Assistance for Needy Families
	TQS. Transformation and Quality Strategy
	WIC. Women, Infants & Children