

Community Advisory Council (CAC) Meeting Attendance

Date: April 23, 2018

Location: [] MCMC – MOB A

[X] Providence

	Apr 23	Mar 19	Feb 26	Jan 22	Dec 18	Nov 27	Oct 23	Sep 25	Aug 28	Jul 24 w/ Board
VOTING MEMBERS										
Carol S. Olvera, Consumer	X						X	X	X	X
Connie Armour, Consumer						X				
Heather Thompson, Consumer	X		X	X	X	X	X	X	X	X
Jack Miller, Consumer	X	X	X		X	X	X	X	X	X
Joel Pelayo, Consumer	X	X	X	X		X	X	X	X	X
Karen Polehn, Consumer		X				X				X
Luz Oropeza, Consumer				X				X	X	X
Mayra Ulloa, Consumer	X				X	X	X		X	
Susan Lowe, Consumer	X	X	X		X	X	X	X	X	X
Barb Seatter, Mid-Columbia Center for Living			X	X	X	P		X		X
Christa Rude, Early Learning Hub	X	X		X						X
Lori McCanna, DHS		X		X				X	X	
Paul Lindberg, Chair, Collective Impact Health Specialist	X	X	^	X	X	X	X	X	X	
LIAISONS										
Dustin Zimmerman, OHA	X	X	X	X		X	X	X	X	X
Trish Elliott, CAP liaison	X	X	P	X	X	X		X		X
Trudy Townsend, PacificSource	X	X	X	X	X	X	X		X	X
EXTENDED MEMBERS										
211Info, Lorena Herrera									X	
Blue Zones, Leticia Valle				X						
CGHC, Coco Yackley	X	X	X	X	X	X	X	X	X	X
CGHC, Katy Williams	X	X	X	X	X	X	X	X	X	X
CGHC, Suzanne Cross	X	X	X	X	X	X	X	X	X	X
DHS, Nadja McConneville	X	X	X		X		X			X
Gorge Grown, Liz Oberhausen			X	X						
Gorge Owned, Lindsay Miller								X		
HAVEN, Becca Simmons	X	X		P		X	X		X	X
Helping Hands Oregon, Stephanie Irving					X		X	X		
HR Co. Prevention Dept., Belinda Ballah			X	X	X		X			X
HR Co. Prevention Dept., Ilea Bouse						X				
HR Shelter Services, Andy Wade					X		X			
Klickitat County, Megan Winn					X			X		X
Klickitat Valley Health, Jeff Teal						X	X	X	X	
MCCFL, Claire Ranit			X				X		X	
MCEDD, Kathy Fitzpatrick	X	X	X	X	X		X	X		
MCMC, Celeste Hill-Thomas	X	X		X	X	X	X	X		X

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Mid-Columbia Action Council, Jim Slusher							X			
Mid-Columbia Housing Authority, Joel Madsen								X		X
Mid-Columbia Housing Authority, Karen Long		X		X	X				X	
NCPHD, Judy Bankman			X	X						
NCPHD, Kirah Doerr	X	X	X							
NCPHD, Shellie Campbell		X	X	X	X		X	X	X	X
OCDC, Sandy Pulido							X			
One Community Health, Kristine Mier	X	X	X		X	X	X	X	X	X
PacificSource, Elke Towey	X	X	X	X	X	X	X	X	X	
Providence, Mark W. Thomas					X			X	X	
Providence, Gladys Rivera			X	X	X	X	X	X	X	
Providence, Anna Williams					X		X		X	
Revell Coy Insurance, Shanon Saldivar										X
Reliance eHealth Collaborative, Dan Donoghue	X	X	X		X		X	X	X	
Sherman Co. Commissioner, Tom McCoy						X				
Skyline Hospital, Debi Budnick			X	X				X		X
The Next Door, Janet Hamada	X									X
The Next Door, Martha Zapien	X	X	X	X						
United Way, Jarrod Holmes	X	X	X	X	X	X	X	X	X	
University of Washington, Laura Ferrara		X	X	X				X		
YouthThink, Debby Jones				X		X	X	X	X	

(P) Partial attendance

Email Distribution List (bold means they attended this meeting):

211Info: Cara Kangas
 Advantage Dental: Ashley Danielson, Molly Johnson
 Aging in the Gorge Alliance: Tina Castanares; Bonnie New; Becki Rawson
 AOC: Jessy Rose
 Becca Sanders, PhD, Iteration Evaluation;
 Blue Zones Project Oregon: **Dillon Melady**
 COIPA: Kim Bangerter, MBA
 Columbia Gorge Community College: Michael Krimmel
 Community Members: Roelina Dempsey; Anna Williams
 GOBHI: Kris Boler
 Gorge Grown: Gale Arnold; **Sarah Sullivan**
 HAVEN: Tara Koch
 Hood River Cares: Laura Westmeyer
 HR County Prevention Dept: Jane Palmer; **Nubia Contreras**
 Klickitat County: Kevin Barry; Rita Pinchot
 Klickitat Valley Health: Jim Daniel; Leslie Hiebert

MCEDD: Amanda Hoey
 MCMC: Blanca Flores; Alida Raynor
 NCPHD: Stephanie Buell; Jeremy Hawkins; Teri Thalhofer
 OCADSV: Meagan Schorr
 OHSU: Kim Brown; Melinda Davis; Robyn Pham
 One Community Health: Brooke Nichols; Tracy Welker; Shannon-Marie O'Brien
 Oregon Healthiest State: Sarah Foster
 ORPRN: Emily Chirside
 OSU Extension: Lauren Kraemer
 PacificSource: Heather Simmons, MPH; Kate Wells; Lindsey Hopper, JD; **Kristen Dillon, MD**
 Revel Coy Insurance: Abby Rudder
 Skyline: Elizabeth Vaivoda
 Youth Empowerment Shelter: Linda Casady
 Zion Lutheran Church: Tyler Beane Kelly

Community Advisory Council (CAC) Meeting Minutes

Date: April 23, 2018 Time: 3pm – 5pm Location: [] MCMC - MOB A [X] Providence

Agenda Item	Duration, Presenter and CAC Actions
Welcome & Introductions	This is Paul Lindberg's first CAC meeting as Chair!
Honoring Ellen Larsen	<p>The CAC acknowledged Ellen Larsen and her years of service in both the community and in her leadership as the CAC chair.</p> <p>Paul expressed his high regard for her community-minded approach and commitment to the work.</p> <p>Trish expressed her appreciation for Ellen's guidance, professionalism, and friendship.</p> <p>Mark Thomas called out both the Gorge Access Program and Busytown as examples of Ellen's engagement in collaboratives that were foundations for the CAC today.</p> <p>Janet Hamada moved to the Gorge 14 years ago. Within a month of having joined The Next Door, Ellen reached out to Janet for a grant opportunity to do Diabetes outreach to the Latino community. Janet highlighted Ellen's collaborative nature that was demonstrated from that first introductory conversation and has been shown repeatedly over the years</p> <p>Ellen expressed her delight of the accomplishments so far and is eager for the next iteration of the Community Advisory Council. "A change in leadership is a good thing." Ellen sees the change in leadership as an opportunity for continued greatness especially in light of CCO 2.0 and wanted to encourage the group to continue to evolve and not be encumbered by the past.</p>
Announcements	<p>May 31st – Cake and final send off for Ellen Larsen from 3-5pm at the Hood River County Health Department.</p> <p>HAVEN's fourth annual 10,000 Steps Toward Healing- A lunchtime walk (noon to 1pm) on April 26 starting at the old Griffith Motor's parking lot of E 3rd St, The Dalles. This is a walk in solidarity with survivors of sexual violence and agencies who support survivors.</p> <p>Nurturing Parenting Lunch and Learn on Thursday, April 26th @ 12 noon @ Columbia Gorge Community College, Lecture Hall Building 2, 3rd Floor. The Dalles. Featuring nationally recognized Nurturing Parenting trainer Jennifer Moss. Join for an introduction to the program and how it can be used locally. RSVP at: https://www.surveymonkey.com/r/DGK52C9 or by calling 541-506-2234</p>

	<p>Food Security Coalition meeting is April 26th @ 9am-12 noon at the Hegewald Center in Stevenson, WA which will include guest presenters from the Confederated Tribes of the Umatilla Indian Reservation and the Northwest Tribal Food Security Coalition.</p> <p>Hood River Reads this weekend with Alejandro Jimenez. Saturday, April 28th @ 10:30am and 2:00pm at the Hood River Library. And Sunday, April 29th @ 1:30pm at Mid-Valley Elementary</p> <p>Laugh Out Loud Comedy – an evening of clean comedy with Mental Health at the Mic! Wednesday, May 2 @ 7pm – Doors open at 6:30pm. Columbia Center for the Arts. 215 Cascade Avenue, Hood River, OR 97031. This FREE event is open to the public. Donations are welcome. Mental Health at the Mic is a community of comedians who use comedy to reduce stigma and to give people with mental health experiences a powerful voice. This program teaches standup comedy to those whose lives have been touched by mental illness. Sponsored by NAMI-Gorge & Mid-Columbia Center for Living.</p> <p>Plant Sale at The Next Door in Hood River on Saturday, May 12th 9am-3pm, 965 Tucker Road. Benefits the Raices Cooperative Farm http://nextdoorinc.org/events/raices-plant-sale/</p> <p>Gorge Grown Food Network Mobile Farmers Market begins May 5th. Current Mobile Market stops include:</p> <ul style="list-style-type: none"> • All Fridays: <ul style="list-style-type: none"> ○ 2-3pm @ Hawks Ridge (8th & Pacific) Hood River City ○ 4-6pm @ French’s Farm Native Nursery (620 State Street) Lyle • 1st Saturdays only: <ul style="list-style-type: none"> ○ 10am-1pm – Sherman County Farmers Market in Moro ○ 2-4pm – Depot History Center in Wasco • All Sundays: <ul style="list-style-type: none"> ○ 11am-1pm Cascade Locks Farmers Market (681 Wa Na Pa Street) <p>Food-specific Emergency Preparedness Event. Join the conversation of planning for food + water in times of disaster. May 14th @ 2:30-5pm at Mid-Columbia Fire & Rescue, The Dalles; May 15th @ 2-4:30pm at City Hall Gym in Cascade Locks; May 30th 5-7:30pm at Wy’East Middle School Library in Odell; May 23rd @ 2-4:30pm at OSU Conference Room in Moro.</p> <p>Hood River Board of Commissioners is expected to vote on an ordinance that would create a Hood River County Community ID card at the May 21st meeting@ 5:30pm. Contact Mark Thomas for more information.</p> <p>Nichols Landing – MCMC clinics – is now open on the Hood River waterfront. 3rd floor opened on April 3rd and outpatient services are accepting new patients. Services include Speech, Physical therapy and Occupational therapy. 2nd floor specialty services opening by the end of May.</p>
Highlights	<p>Dr. Molly Fauth was named Family Doctor for 2018 by the Oregon Academy of Family Physicians. This was the 2nd provider for the Gorge awarded this title in the last 3 years. (Dr. Dillon was awarded in 2016.)</p>

	The <u>Transformation Plan Final report</u> (http://cghealthcouncil.org/ps_gorge_transformation_plan_final_report-2/) is available on the cghealthcouncil.org website.
Approve March CAC meeting minutes	March CAC minutes were approved.
Recent CGHC Board Meeting topics	Paul reviewed the topics from the CGHC March Board meeting. Paul asked CAC participants to write on a 3x5 card any questions they may have for Paul to carry to the Board.
CAP report out	<p>Trish Elliott is the CAP liaison to the CAC. Susan Lowe is the CAC liaison to the CAP. Together, they were asked to summarize the most recent April CAP meeting.</p> <ul style="list-style-type: none"> • PacificSource will be sending letters to both providers and members who are prescribed both opiates (pain medication) and benzodiazepine (sedatives) – a prescription combination which can have increased risks. • The CAP is embarking on a feasibility study for a Sobering/Detox Center/Crisis center and evaluate what a service could look like in the region. • The CAP is also looking at services for Elders • An RFP will be released for a 2-year outreach campaign on Advanced Directives • The Clinical Advisory Panel will be selecting a set of focus areas.
Chair report	<p>Paul outlined his main objectives as CAC Chair:</p> <p>1st: Build on the work from Ellen Larsen to empower the community to express what the community needs and how the CAC wants to address it. Paul’s job as CAC Chair is to make this CAC meeting venue a safe place to do that.</p> <p>2nd. Paul wants to share what he learns with others. Please utilize the white 3x5 cards to write “Notes to Paul” on what you need from the CAC meeting, the CAC overall, Paul specifically or for something to be shared at the Board.</p> <p>3rd. Paul wants to assist with individual leadership development for anyone who is interested from the CAC. Please let him know if you are interested. Two specific committees are:</p> <ul style="list-style-type: none"> • Agenda planning Committee: Meets monthly 2 weeks before the CAC meeting. This meeting handles the details and logistics for each CAC meeting. Current attendees are: Paul, Suzanne, Trudy, Coco and Julie. • Steering Committee. Meets quarterly to set the high-level agendas for the CAC meeting. The list of people interested currently include: Susan Lowe, Belinda Ballah, Dustin Zimmerman, Trudy Townsend, Shellie Campbell, Joel Pelayo, Jack Miller <p>You can speak with Paul directly or write it down on a 3x5 card.</p>
CAC Statewide meeting	Joel Pelayo appreciated the information from the leaders in the state regarding CACs and the discussions on policy issues. The state leaders would like more

	information on how to utilize popular education approaches. Joel wants to incorporate more popular education approaches locally in more venues.
Review ACCESS evaluation input	Suzanne briefly reviewed the information gathered at the March CAC meeting on ACCESS. ★ A deeper review will happen at a future meeting.
Discussion about the CAC	Suzanne and Paul reviewed the history of the CAC, the Columbia Gorge Health Council bylaws that govern the CAC and some of the decision-making structures in place. CAC attendees were asked to write on cards their responses to these questions: <ul style="list-style-type: none"> • What are we currently? • What do we want to be? • Who do we want to be? • What process changes or additions to the meetings would you like to see? <ul style="list-style-type: none"> ★ Suzanne will type up the responses on the cards and email the CAC. ★ The CAC Planning Committee will review the information to determine next steps.
Parking lot items	CAC participants were asked to write down any future thoughts or topics they may be interested in. The notes captured from the April meeting included: <ul style="list-style-type: none"> • Presentation on CCO 2.0 from OHA to the CAC • Summer meals • SNAP • Breakfast • After school programs
Next CAC Meetings	May 21, 2018 @ MCMC MOB A – Note: 1 week earlier June 25, 2018 @ FISH Food Bank Community Room <i>(combined meeting with CGHC Board)</i>

Acronyms

A1C. Specific test for monitoring diabetes	HTN. Hypertension
ACA. Affordable Care Act	IIS. Immunization Information System
ACE. Adverse Childhood Experience	IMMS. Immunizations
ADHD. Attention Deficit Hyperactivity Disorder	LARC. Long-acting Reversible Contraceptive
AGA, Aging in the Gorge Alliance	LUBA. Land Use Board of Appeals
AOC. Association of Oregon Counties	MA. Medical Assistant
APD. Adults & Peoples with Disabilities	MARC. Mobilizing Action for Resilient Communities
AWCV. Adolescent Well Child Visit	MCCFL. Mid-Columbia Center For Living
BMI. Body Mass Index	MCCOG. Mid-Columbia Council of Governments
CAHPS. Consumer Assessment of Healthcare Providers and Systems	MCEDD. Mid-Columbia Economic Development District
CAT. Columbia Area Transit.	MCHA. Mid-Columbia Housing Authority
CAWEM, Citizen Alien Waived Emergent Medical	MLR. Medical Loss Ratio
CCO. Coordinated Care Organization	NCPHD. North Central Public Health District
CGFM. Columbia Gorge Family Medicine	NEMT. Non-Emergency Medical Transportation
CGHC. Columbia Gorge Health Council	NICH. Novel Interventions in Children’s Healthcare
CHA. Community Health Assessment	OCADSV. Oregon Coalition Against Domestic & Sexual Violence
	OCDC. Oregon Child Development Coalition

CHARA. Community Health Advocacy & Research Alliance	OCF. Oregon Community Foundation
CHIP. Children’s Health Insurance Programs	OCH. One Community Health
CHIP. Community Health Improvement Plan	OHA. Oregon Health Authority
CLAS. Culturally & Linguistically Appropriate Services	OHP. Oregon Health Plan
CME. Continuing Medical Education	OHPB. Oregon Health Policy Board
CMS. Center of Medicaid Services	OHSU. Oregon Health and Science University
COIPA. Central Oregon Independent Practice Assoc.	OKQ. One Key Question
CRAFFT. (Adolescent Screening Technique) Car, Relax, Alone, Forget, Friends, Trouble	ONE. Oregon Eligibility
CRC. Colorectal Cancer	ORPRN. Oregon Rural Practice-Based Research Network
DCO. Dental Care Organization	OSAA. Oregon School Activities Association
DHS. Department of Human Services	PCP. Primary Care Provider
DNR. Do Not Resuscitate	PCPCH. Patient-Centered Primary Care Home
DTAP. Vaccine for Diphtheria, Tetanus and Pertussis	PDMP. Prescription Drug Monitoring Program
eCQM. Electronic Clinical Quality Measure	POLST. Physician Orders for Life-Sustaining Treatment
ECHO. Extension for Community Healthcare Outcomes	POTA. Pain and Opiate Treatment Advisory
ECU. Effective Contraceptive Use	PS. PacificSource
ED. Emergency Department	QHOC. Quality & Health Outcome Committee
EHR. Electronic Health Record	QIM. Quality Incentive Measure
EMR. Electronic Medical Record	RFP. Request for Proposal
EOB. Explanation of Benefits	ROI. Return on Investment
FIT. Fecal Immunochemical Test	RWJF. Robert Wood Johnson Foundation
GGFN. Gorge Grown Food Network	SBHC. School-based Health Center
GOBHI. Greater Oregon Behavioral Health Inc.	SBIRT. Screening, Brief Intervention and Referral for Treatment
GRACE. Geriatric Resources for Assessment & Care of Elders	SBST. STarT Back Screening Tool
HERC. Health Evidence Review Committee	SIT. Systems Integration Team
HIE. Health Information Exchange	SNAP. Supplemental Nutrition Assistance Program
HIT. Health Information Technology	SPMI. Serious and Persistent Mental Illness
HRCHD. Hood River County Health Department	SUD. Substance Abuse Disorder
HRCPD. Hood River County Prevention Department	TANF. Temporary Assistance for Needy Families
	TQS. Transformation and Quality Strategy
	WIC. Women, Infants & Children