

Community Advisory Council (CAC) Meeting Attendance

Date: May 21, 2018

Location: [X] MCMC – MOB A [] FISH FoodBank Hood River

	May 21	Apr 23	Mar 19	Feb 26	Jan 22	Dec 18	Nov 27	Oct 23	Sep 25	Aug 28
VOTING MEMBERS										
Carol S. Olvera, Consumer	X	X						X	X	X
Connie Armour, Consumer							X			
Heather Thompson, Consumer	X	X		X	X	X	X	X	X	X
Jack Miller, Consumer	X	X	X	X		X	X	X	X	X
Joel Pelayo, Consumer	X	X	X	X	X		X	X	X	X
Karen Polehn, Consumer	X		X				X			
Luz Oropeza, Consumer					X				X	X
Mayra Ulloa, Consumer	X	X				X	X	X		X
Susan Lowe, Consumer	X	X	X	X		X	X	X	X	X
Barb Seatter, Mid-Columbia Center for Living	X			X	X	X	P		X	
Christa Rude, Early Learning Hub		X	X		X					
Lori McCanna, DHS			X		X				X	X
Paul Lindberg, Chair, Collective Impact Health Specialist	X	X	X	^	X	X	X	X	X	X
LIAISONS										
Dustin Zimmerman, OHA	X	X	X	X	X		X	X	X	X
Trish Elliott, CAP liaison	X	X	X	P	X	X	X		X	
Trudy Townsend, PacificSource	X	X	X	X	X	X	X	X		X
EXTENDED MEMBERS										
211Info, Lorena Herrera										X
Blue Zones, Leticia Valle					X					
CGHC, Coco Yackley	X	X	X	X	X	X	X	X	X	X
CGHC, Katy Williams	X	X	X	X	X	X	X	X	X	X
CGHC, Suzanne Cross		X	X	X	X	X	X	X	X	X
Community Member, Laura Ferrara	X		X	X	X				X	
DHS, Nadja McConneville		X	X	X		X		X		
Gorge Grown, Liz Oberhausen	X			X	X					
Gorge Owned, Lindsay Miller									X	
HAVEN, Becca Simmons		X	X		P		X	X		X
Helping Hands Oregon, Stephanie Irving						X		X	X	
HR Co. Prevention Dept., Belinda Ballah				X	X	X		X		
HR Co. Prevention Dept., Ilea Bouse							X			
HR Shelter Services, Andy Wade						X		X		
Klickitat County, Megan Winn						X			X	
Klickitat Valley Health, Jeff Teal							X	X	X	X
MCCFL, Claire Ranit	P			X				X		X
MCEDD, Kathy Fitzpatrick		X	X	X	X	X		X	X	
MCMC, Celeste Hill-Thomas		X	X		X	X	X	X	X	

	May 21	Apr 23	Mar 19	Feb 26	Jan 22	Dec 18	Nov 27	Oct 23	Sep 25	Aug 28
Mid-Columbia Action Council, Jim Slusher								X		
Mid-Columbia Housing Authority, Joel Madsen									X	
Mid-Columbia Housing Authority, Karen Long	X		X		X	X				X
NCPHD, Judy Bankman				X	X					
NCPHD, Kirah Doerr	X	X	X	X						
NCPHD, Shellie Campbell			X	X	X	X		X	X	X
OCDC, Sandy Pulido								X		
One Community Health, Kristine Mier	X	X	X	X		X	X	X	X	X
PacificSource, Elke Towey	X	X	X	X	X	X	X	X	X	X
Providence, Mark W. Thomas	X					X			X	X
Providence, Gladys Rivera				X	X	X	X	X	X	X
Providence, Anna Williams						X		X		X
Revell Coy Insurance, Shanon Saldivar										
Reliance eHealth Collaborative, Dan Donoghue	X	X	X	X		X		X	X	X
Sherman Co. Commissioner, Tom McCoy							X			
Skyline Hospital, Debi Budnick				X	X				X	
The Next Door, Janet Hamada		X								
The Next Door, Martha Zapien	X	X	X	X	X					
United Way, Jarrod Holmes	X	X	X	X	X	X	X	X	X	X
YouthThink, Debby Jones	X				X		X	X	X	X

(P) Partial attendance

Email Distribution List (bold means they attended this meeting):

211Info: Cara Kangas
 Advantage Dental: Ashley Danielson; Molly Johnson
 Aging in the Gorge Alliance: Tina Castanares; Bonnie New; Becki Rawson
 AOC: Jessy Rose
 Iteration Evaluation: Becca Sanders, PhD
 Blue Zones Project Oregon: Dillon Melady; **Taylor Smith**
 COIPA: Kim Bangerter, MBA
 Columbia Gorge Community College: Michael Krimmel
 Community Members: Roelina Dempsey; Anna Williams
 GOBHI: Kris Boler
 Gorge Grown: Gale Arnold; Sarah Sullivan
 HAVEN: Tara Koch
 Hood River Cares: Laura Westmeyer
 HR County Prevention Dept: Nubia Contreras; Jane Palmer
 Klickitat County: Kevin Barry; Rita Pinchot
 Klickitat Valley Health: Jim Daniel; Leslie Hiebert
 MCEDD: Amanda Hoey

MCMC: **Stephanie Bowen**; Blanca Flores; Alida Raynor
 NCPHD: Stephanie Buell; Jeremy Hawkins; **Teri Thalhofer**
 OCADSV: Meagan Schorr
 OHSU: Kim Brown; Melinda Davis; Robyn Pham; **Chelsea Ruder**
 One Community Health: Brooke Nichols; Shannon-Marie O'Brien; Tracy Welker
 Oregon Healthiest State: Sarah Foster
 ORPRN: Emily Chirnside
 OSU Extension: Lauren Kraemer
 PacificSource: Heather Simmons, MPH; Kate Wells; Lindsey Hopper, JD; Kristen Dillon, MD
 Revel Coy Insurance: Abby Rudder
 Skyline: Elizabeth Vaivoda
 Youth Empowerment Shelter: Linda Casady
 Zion Lutheran Church: Tyler Beane Kelly

Community Advisory Council (CAC) Meeting Minutes

Date: May 21, 2018 Time: 3pm – 5pm Location: [X] MCMC - MOB A [] FISH FoodBank HR

Agenda Item	Minutes from Discussion. Items with a ★ are for Follow-up
<p>I. Welcome & Introductions</p>	<p>Guest attendee: Patricia Godsey pgodsey@wvchealth.org from CAC of Willamette Valley Community Health CCO.</p> <p>Martha read a Thank You note from Ellen regarding her recognition and gift.</p> <p>Joel P lead the group through a song titled De Colores.</p>
<p>II. Announcements/Bragging</p>	<p><u>Mid-Columbia Center for Living Groundbreaking Ceremony</u> is Tuesday, May 22nd at 3pm at 1040 Webber, The Dalles. There will be a short presentation, and appreciations. There will be cupcakes, and beverages available from 3:00 PM - 4:00 PM.</p> <p><u>Cancer You Can Prevent campaign</u> is looking for local residents who would be willing to be the “face” of the local campaign. PacificSource is partnering with Oregon Health Authority to sponsor a localized media campaign. It will take about 30 minutes for participants to take a picture and provide a story. Those interested or who want to recommend a “local celebrity,” please contact Trudy Townsend (trudy.townsend@pacificsource.com).</p> <p><u>Free transportation to The Dalles Farmer’s market</u> on Saturdays from June 2 – October 13 from 9am – 1pm. Call (541) 296-7595 to schedule a ride. This service is free to everyone in The Dalles.</p> <p><u>CCO 2.0:</u></p> <ul style="list-style-type: none"> • Oregon Health Plan member survey is open until June 15th!: https://www.surveygizmo.com/s3/4337245/CCO-2-0-OHP-Member-Survey • An introductory webinar to CCO 2.0 is available at https://m.youtube.com/watch?v=W8QNAr_DOIA&feature=youtu.be • The Oregon Health Policy Board (OHPB) has developed a website for information about CCO 2.0: The Future of Coordinated Care. Reports, Resources, Public meeting schedules and timelines are listed and will continue to be updated. Go to: www.oregon.gov/oha/OHPB/Pages/CCO-2-0.aspx <p><u>DHS Engagement model training</u> is on June 14, 2018 from 8:30-4:30pm. It is family coach training and Adults and Peoples with Disabilities (APD). Contact Nadja McConville (nadja.mcconville@dhsosha.state.or.us).</p> <p><u>Dual Diagnosis Anonymous (DDA) of Oregon</u> is back in The Dalles on Mondays at 10:30am at the Cottage, 409 Lincoln Street, The Dalles. This includes 12 steps Plus 5. DDA is also in Australia and progressing to the UK.</p>

	<p>One Community Health, The Dalles will have summer walk-in hours. June 11th – July 27th (Monday – Friday). Medical and Behavioral Health appointments are 3-5pm Monday - Friday. Dental exams are 3-5pm Monday – Thursday and 1:30-3pm on Friday. Migrant & Seasonal workers are welcome. 1040 Webber, The Dalles, (541) 296-4601</p> <p><u>BlueZones Project</u> – The Dalles is establishing Moais. Moais are groups that gather for a common purpose.</p> <ul style="list-style-type: none"> • Parents & Kids walking Moai on Tuesdays at 4:15. Meet at the playground at Soroosis Park. • Unlikely Hikers – move at your own pace, take breaks and meet new friends along the way. Tuesdays at 5pm at Kiwanis Park • Sunday downshift & wellness walks start June 3rd at noon. Meet at The Dalles High School, hang out and work together to clean up the community. • Express Yourself Moai – Thursdays @ 4pm starting June 7th. Get together, share, create and express yourself. June 7th Soroosis Park (location will rotate) • Community Ride – Tuesdays @ 5pm, bike, skate, ride, roll in any form you enjoy. Begins on June 5th at Lewis & Clark Park (locations with rotate). • Call (541) 705 5346 with questions or email taylor.smith@sharecare.com <p><u>Join Providence on Wednesday, on June 20th from 5:30-6pm</u> to celebrate Providence’s new Mission and Core Values in the main lobby of Providence Hood River Memorial Hospital (PHRMH).</p> <p><u>Trauma Informed Practices (TIPs) learning collaboratives</u> take place every 6 weeks in Hood River and The Dalles. CAC representatives are welcome to attend. Contact Claire Ranit claire@createresiliency.org for dates and times.</p>
<p>III. Approve April CAC meeting minutes</p>	<p>The April CAC meeting minutes were approved.</p>
<p>IV. Reports</p> <ul style="list-style-type: none"> • CAP • Board • CAC Chair 	<p>CAP Report: Susan Lowe and Trish Elliott reviewed the topics covered in the Clinical Advisory Panel (CAP) meeting.</p> <ul style="list-style-type: none"> • The CAP announced three Requests for Proposals (RFPs) on (1) Increase awareness and use of Advanced Directives in all ages groups in the Gorge; (2) Group Facilitation for feasibility and sustainability of a Comprehensive Substance Abuse and Crisis Capability; (3) Group Facilitation and Project Plan Development for Implementing an adapted version of the Geriatric Resources for Assessment & Care of Elders (GRACE) Model. Deadline date for all proposals is 5pm July 20, 2018. See www.cghealthcouncil.org for more info. • The Veggie Rx program as part of Flex Services was discussed. Trudy explained that PacificSource will not be funding Veggie Rx using Flex Services. Flex Services requires member level tracking which was too difficult to do with Gorge Grown, clinics, and PacificSource. • Trudy shared that a pilot is under development to use Flex Services for a fixed number of meals via Meals on Wheels in The Dalles.

Board Report: Paul reported on discussions from the April Board meeting:

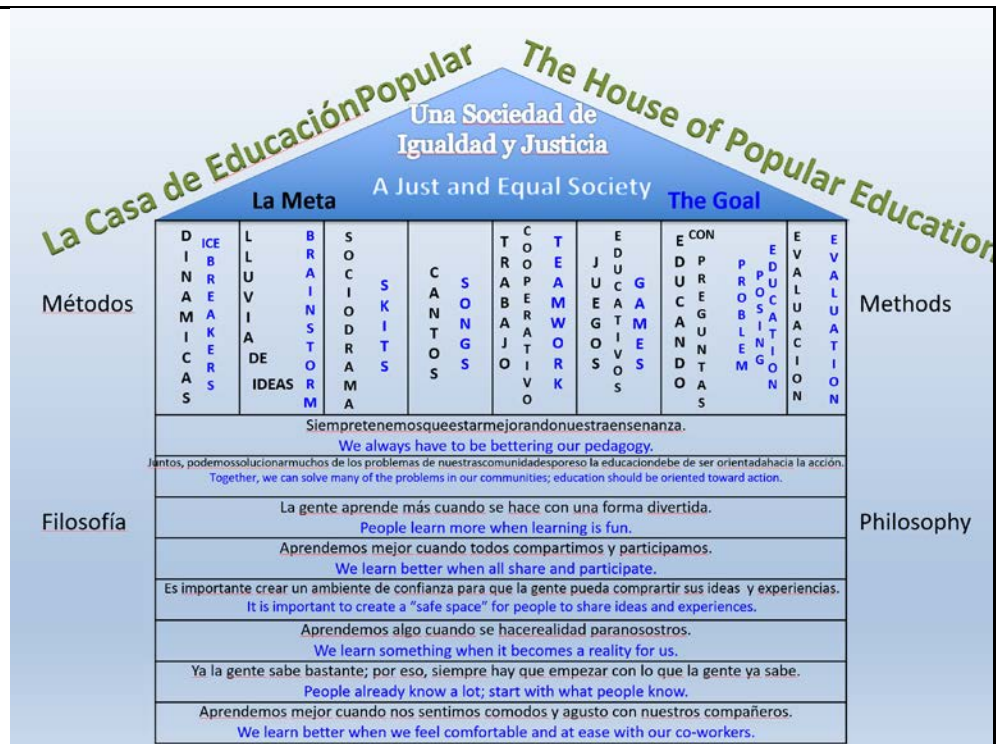
- Paul announced that he read one of the 3x5 cards at the Board meeting.
- At the May 23rd Board, Paul will have 45 minutes to discuss CAC plans with the Board. He encouraged and welcomed any CAC member to come to the Board meeting.
- Paul also shared the Board decisions to use the Robert Wood Johnson Foundation (RWJF) Culture of Health Action framework for how it communicates and describes its work. The Board also allocated \$400,000 to the Clinical Advisory Panel (CAP) focus areas (Crisis/Substance Use Services, Elders, Childhood Obesity). The Board has adopted all of Action 4: Strengthening Integration of Health Services and Systems as part of the Board's scope of work. This scope goes beyond the CHIP topic of ACCESS.
- During the Board report, the question was asked regarding how the CAP landed on the 3 focus areas. Trish summarized that over the last several years, the CAP has been asked to fund different projects for a single year at a time. Rather than looking at incremental efforts, the CAP decided to select a handful of specific topic areas. Childhood Obesity has been a consistent concern area and focusing on childhood obesity lines up with both the Community Health Improvement Plan (CHIP) and the Quality Incentive Measures (QIM). Needs of Elders is an emerging topic with the future inclusion of all dual-eligible (Medicaid and Medicare members). Substance Abuse and Crisis services is a long-standing topic in the community. The CAP has decided on these 3 at this time and *may* consider additional topics in a future CAP meeting.

CAC Chair report: Paul briefly summarized his plan regarding the upcoming CAC meetings:

- First, step back to spend time to define who the CAC is and the role of the CAC.
- Second, revisit the CHIP topics and to return to the dialog on the measures for each CHIP Topic. The information gathered on Access will be reviewed and work will progress on the other two CHIP Drivers: Sense of Community and Built and Environment.
- Paul also indicated that there are several existing coalitions in the community. Paul & Suzanne are working towards how to incorporate the work of the various coalitions into the CAC. For example, Pediatric Obesity, Food coalition and Oral Health coalition. More to follow at a future CAC meeting

Debby Jones mentioned the CCO 2.0 community meeting held in The Dalles. Debby's observation from Director Allen is an increased focused by OHA on Behavioral Health services. Debby asked Paul whether the Board is prepared to focus more on Behavioral Health as mentioned by Director Allen.

<p>V. Old Business</p> <ul style="list-style-type: none"> • Parking Lot • CAC 4 Questions follow-up 	<p>Previous Parking Lot items:</p> <ul style="list-style-type: none"> • Presentation on CCO 2.0 from OHA to the CAC • Summer meals • SNAP • Breakfast • After school programs <p>CAC 4 Questions follow-up. The CAC divided into 4 work groups to review the comments provided from the April CAC meeting in response to each of the 4 questions:</p> <ul style="list-style-type: none"> • What are we currently? • What do we want to be? • Who do we want to be? • What process changes or additions to the meetings would you like to see? <p>Each work group was asked to group the comments and prioritize or pick three main themes, ideas, or most common topics as answers to the question at the table. Some groups were able to complete the work and some groups were in the middle of finalizing. Some report outs started from the work group efforts, but the report outs did not complete due to time constraints. A few recurring questions came forward:</p> <ul style="list-style-type: none"> • What defines a consumer member? Dustin explained the Oregon Health Authority (OHA) definition of an individual who is or is a guardian for someone who is on OHP within the last 2 years. • How does the work happening through the CAP or other groups tie back to the CHIP? • What is the role of the CAC as defined by the original authors of the CCO legislation? Some discussion on this topic regarding the CAC being a bridge to Board members on CAC consumers day to day experience with being on OHP and all that it encompasses of being in an income bracket not familiar to many Board members. <p>★ Paul & Suzanne will convene the Steering Committee to review the information and prepare a draft for the CAC to review at a future meeting.</p>
<p>VI. New Business</p> <ul style="list-style-type: none"> • Intro to Popular Education • CAC goals for joint Board/CAC Meeting 	<p>Intro to Popular Education: Joel P introduced the Popular Education topic and reviewed the building blocks of the “House of Popular Education”.</p>



Several CAC participants spoke of personal experiences of using Popular Education models that were very rewarding. The group discussed different opportunities to use Popular Education including the upcoming Joint CAC/Board meeting since Popular Education allows for more consumer voices to be heard.

CAC goals for the Joint CAC/Board meeting. A few goals were discussed including:

- Getting to know the Board members
- Have a celebration
- Utilize Popular Education – possibly a consumer life sharing topic using sociodrama. One specific topic mentioned was using Transportation for the first time.

Other suggestions included:

- At the beginning of the CAC meeting, have a consumer member share a story or item
- Encourage all CAC participants to experience services as a consumer member – for example, everyone ride the bus at least once.

VII. Next CAC Meetings	June 25, 2018 @ FISH Food Bank Hood River 1130 Tucker Rd <i>Combined CGHC Board/CAC Meeting</i>
	July – No meeting

Acronyms	
A1C. Specific test for monitoring diabetes	HTN. Hypertension
ACA. Affordable Care Act	IIS. Immunization Information System
ACE. Adverse Childhood Experience	IMMS. Immunizations
ADHD. Attention Deficit Hyperactivity Disorder	LARC. Long-acting Reversible Contraceptive
AGA, Aging in the Gorge Alliance	LUBA. Land Use Board of Appeals
AOC. Association of Oregon Counties	MA. Medical Assistant

APD. Adults & Peoples with Disabilities	MARC. Mobilizing Action for Resilient Communities
AWCV. Adolescent Well Child Visit	MCCFL. Mid-Columbia Center For Living
BMI. Body Mass Index	MCCOG. Mid-Columbia Council of Governments
CAHPS. Consumer Assessment of Healthcare Providers and Systems	MCEDD. Mid-Columbia Economic Development District
CAT. Columbia Area Transit.	MCHA. Mid-Columbia Housing Authority
CAWEM, Citizen Alien Waived Emergent Medical	MLR. Medical Loss Ratio
CCO. Coordinated Care Organization	NCPHD. North Central Public Health District
CGFM. Columbia Gorge Family Medicine	NEMT. Non-Emergency Medical Transportation
CGHC. Columbia Gorge Health Council	NICH. Novel Interventions in Children’s Healthcare
CHA. Community Health Assessment	OCADSV. Oregon Coalition Against Domestic & Sexual Violence
CHARA. Community Health Advocacy & Research Alliance	OCDC. Oregon Child Development Coalition
CHIP. Children’s Health Insurance Programs	OCF. Oregon Community Foundation
CHIP. Community Health Improvement Plan	OCH. One Community Health
CLAS. Culturally & Linguistically Appropriate Services	OHA. Oregon Health Authority
CME. Continuing Medical Education	OHP. Oregon Health Plan
CMS. Center of Medicaid Services	OHPB. Oregon Health Policy Board
COIPA. Central Oregon Independent Practice Assoc.	OHSU. Oregon Health and Science University
CRAFFT. (Adolescent Screening Technique) Car, Relax, Alone, Forget, Friends, Trouble	OKQ. One Key Question
CRC. Colorectal Cancer	ONE. Oregon Eligibility
DCO. Dental Care Organization	ORPRN. Oregon Rural Practice-Based Research Network
DDA. Dual Diagnosis Anonymous	OSAA. Oregon School Activities Association
DHS. Department of Human Services	PCP. Primary Care Provider
DNR. Do Not Resuscitate	PCPCH. Patient-Centered Primary Care Home
DTAP. Vaccine for Diphtheria, Tetanus and Pertussis	PDMP. Prescription Drug Monitoring Program
eCQM. Electronic Clinical Quality Measure	PHRMH. Providence Hood River Memorial Hospital
ECHO. Extension for Community Healthcare Outcomes	POLST. Physician Orders for Life-Sustaining Treatment
ECU. Effective Contraceptive Use	POTA. Pain and Opiate Treatment Advisory
ED. Emergency Department	PS. PacificSource
EHR. Electronic Health Record	QHOC. Quality & Health Outcome Committee
EMR. Electronic Medical Record	QIM. Quality Incentive Measure
EOB. Explanation of Benefits	RFP. Request for Proposal
FIT. Fecal Immunochemical Test	ROI. Return on Investment
GGFN. Gorge Grown Food Network	RWJF. Robert Wood Johnson Foundation
GOBHI. Greater Oregon Behavioral Health Inc.	SBHC. School-based Health Center
GRACE. Geriatric Resources for Assessment & Care of Elders	SBIRT. Screening, Brief Intervention and Referral for Treatment
HERC. Health Evidence Review Committee	SBST. STarT Back Screening Tool
HIE. Health Information Exchange	SIT. Systems Integration Team
HIT. Health Information Technology	SNAP. Supplemental Nutrition Assistance Program
HRCHD. Hood River County Health Department	SPMI. Serious and Persistent Mental Illness
HRCPD. Hood River County Prevention Department	SUD. Substance Abuse Disorder
	TANF. Temporary Assistance for Needy Families
	TQS. Transformation and Quality Strategy
	WIC. Women, Infants & Children