

**MINUTES OF A MEETING OF  
THE BOARD OF DIRECTORS OF  
COLUMBIA GORGE HEALTH COUNCIL**

**February 28, 2018**

A meeting of the Board of Directors (the “*Board*”) of Columbia Gorge Health Council, an Oregon public benefit corporation (the “*Corporation*”), was held at 5:33 PM Pacific Time on February 28, 2018 at the offices of Providence Hood River Memorial Hospital, Hood River, Oregon.

Directors Present: Karen Joplin  
Molly Rogers  
Al Barton, MS, LPC  
Bruce Burton, DMD  
Elaine Castles, PhD  
David Edwards, FACHE  
Dennis Knox, FACHE^  
Elizabeth Foster, MD^  
Ellen Larsen, RN  
Jeanie Vieira, RN  
Leticia Valle  
Lindsey Hopper, JD, MPH  
Trey Rigert, MD

Directors Absent: None

Others Present: Coco Yackley, Operations Consultant to the Corporation

Kristen Dillon, MD, Director, Columbia Gorge CCO & Associate Medical Director Medicaid, PacificSource Community Solutions

Suzanne Cross, MPH, Project Manager, Columbia Gorge Health Council

Trudy Townsend, Community Health Development Coordinator,  
PacificSource Community Solutions\*^

Elke Towey, Practice Coach, PacificSource^

Sarah Foster, Executive Director, Oregon Healthiest State^

Miriam McDonell, MD, FACOG, Health Officer, North Central Public  
Health District^

Nicole Pashek, Nurse Practitioner, Mid-Columbia Medical Center^

Bonnie New, Retired Physician, Aging in the Gorge Alliance^

Taylor Smith, Engagement Lead, Blue Zones^

Dillon Melady, Project Manager, Blue Zones^

Brett Ratchford, Organization Lead, Blue Zones^

*\* attended via telephone*

*^ attended for a portion of the meeting*

Ms. Joplin served as Chair and Ms. Cross served as Secretary of the meeting. Ms. Joplin called the meeting to order, confirmed that each participant could hear and be heard by each other and announced that a quorum of directors was present and that the meeting, having been duly convened, was ready to proceed with business.

#### **1. INTRODUCTIONS OF MEMBERS**

Ms. Joplin asked each attendee in the room to introduce themselves. Ms. Joplin introduced Dr. Bruce Burton as the Dental Care Organization representative to the Columbia Gorge Health Council Board.

*Dr. Foster and Mr. Knox entered the meeting at this time.*

**2. ADDITIONS OR DELETIONS FROM THE AGENDA**

The Board then reviewed the agenda for the meeting, which had been distributed to the Board prior to the meeting. Questions were asked and, on a motion duly made and seconded, the agenda was unanimously approved with one request to change the order of agenda topics to place the Executive Session at the end and a second request to add the Columbia Gorge Health Council survey results to the agenda.

**3. CONFLICTS OR POTENTIAL CONFLICTS OF INTEREST**

Ms. Joplin then requested that directors declare any potential conflicts of interest and, there being none, the meeting proceeded. Ms. Valle disclosed a potential conflict of interest if the Board took any action related to the Blue Zones Project during the meeting.

**4. NON-AGENDA ITEMS FROM THE PUBLIC**

Ms. Joplin opened the floor for comments from the public. No comments were made.

**5. CONSENT AGENDA**

Ms. Joplin then reviewed the consent agenda, copies which had been previously distributed to the Board. Ms. Joplin requested follow-up information from Ms. Towey regarding the statement “Hypertension Control remains problematic since the measure is not following the most current evidence-based medicine” from the CAP Meeting Minutes. Mr. Edwards requested the Bridges to Health Pathways Community HUB Program Update be removed from the Consent Agenda for further discussion. Ms. Joplin decided to add the Bridges to Health Pathways Community HUB Program Update to the current agenda. On a motion duly made and seconded, the Board unanimously approved the remaining Consent Agenda items.

**6. ADDITIONAL AGENDA ITEM: BRIDGES TO HEALTH PATHWAYS COMMUNITY HUB PROGRAM UPDATE**

Mr. Edwards requested future information on Bridges to Health to include goals and outcomes. Ms. Cross will include these in the future information provided in the Consent Agenda. On a motion duly made and seconded, the Board unanimously approved the Bridges to Health materials for the Consent Agenda.

**7. CAP UPDATE – AL BARTON / MIMI MCDONELL / BETH FOSTER**

Mr. Barton reviewed the Sobering Center information, copies which had been previously distributed to the Board. Questions were asked and full discussion followed. On a motion duly made and seconded, the Board unanimously approved funding a facilitator to guide the Sobering Center proposal pending responses to a Request for Proposal (RFP). The CAP co-chairs will return at a future Board meeting with proposal responses and final approval for specific funds. *Ms. Townsend left the meeting at this time.*

Dr. McDonell reviewed the Childhood Obesity information, copies which had been previously distributed to the Board. Questions were asked and full discussion followed. The Board expressed interest in the Childhood Obesity pending additional information. The Board requested information on existing projects doing similar work, funding sources and more details on the suggested grant process.

Dr. Foster reviewed the Elders information, copies which had been previously distributed to the Board. Questions were asked and full discussion followed. On a motion duly made and seconded, the Board unanimously approved funding a total of \$59,000 over two years for Advanced Care Planning Phase 2 “Having the Conversation.” The recipient will be determined through a RFP process. Board consensus to support a series of geriatric trainings for Gorge clinicians and directed Dr. Foster to return at a future meeting with a specific plan and funding

needed. On a motion duly made and seconded, the Board unanimously approved a facilitator to guide developing a plan for the Elders Pilot Project pending responses to an RFP.

The Board directed Columbia Gorge Health Council staff to bring to the next meeting the funding available for decision-making.

*Dr. McDonell, Ms. New and Ms. Pashek left the meeting at this time.*

**8. BLUE ZONES BLUEPRINT UPDATE – SARAH FOSTER**

Ms. Valle reviewed the Blue Zones Blueprint update information, copies which had been previously distributed to the Board. Questions were asked and full discussion followed. On a motion duly made and seconded, the Board approved \$50,000 each year for years 2 and 3 of the Blue Zones project using the funds previously set aside for the Health Trust. Ms. Valle abstained from voting due to conflict of interest. Dr. Burton abstained from voting due to lack of enough information.

*Ms. Foster, Mr. Melady, Ms. Smith and Mr. Ratchford left the meeting at this time.*

**9. SPENDING DECISION FOR BALANCE OF 2016 QIM FUNDS – KRISTEN DILLON**

Dr. Dillon reviewed the balance of 2016 QIM funds information, copies which had been previously distributed to the Board. Questions were asked and full discussion followed. On a motion duly made and seconded, the Board unanimously approved any remaining 2016 QIM funds be applied to the Bridges to Health Client Incidental funds account held by the Columbia Gorge Health Council.

**10. TRANSFORMATION & QUALITY STRATEGY (TQS) – KRISTEN DILLON**

Dr. Dillon reviewed the Transformation & Quality Strategy information, copies which had been previously distributed to the Board. Questions were asked and full discussion followed. The Board requested PacificSource to share the TQS submission as soon as possible.

*Ms. Towey left the meeting at this time.*

**11. EXECUTIVE SESSION**

Ms. Joplin announced the Board would move into Executive Session.

Dr. Dillon reviewed the Joint Management Agreement (JMA) renewal items information, copies which had been previously distributed to the Board. Questions were asked and full discussion followed. Ms. Joplin requested to review the final version of the JMA in the April Board meeting.

**12. ADDITIONAL AGENDA ITEM: COLUMBIA GORGE HEALTH COUNCIL SURVEY RESULTS**

Ms. Rogers requested a sub-group of Board members to review the Columbia Gorge Health Council Partner survey results. Ms. Joplin, Mr. Barton, Mr. Edwards and Ms. Hopper agreed to meet on March 16, 2018.

**13. CALENDAR**

Ms. Yackley then reminded the Board of upcoming events in March.

**14. ADJOURNMENT**

There being no further business to come before the Board, the meeting was adjourned at 8:16 PM Pacific Time.

Respectfully submitted,



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Suzanne Cross, Secretary