

Community Advisory Council (CAC) Meeting Attendance

Date: October 22, 2018

Location: [] MCMC – MOB A [X] FISH FoodBank Hood River

	Oct 22	Sep 24	Aug 28	Jun 25	May 21	Apr 23	Mar 19	Feb 26	Jan 22	Dec 18
VOTING MEMBERS										
Carol S. Olvera, Consumer		X	X		X	X				
Heather Thompson, Consumer	X	X	X	X	X	X		X	X	X
Joel Pelayo, Consumer	X		X	X	X	X	X	X	X	
Karen Polehn, Consumer	X	X	X	X	X		X			
Susan Lowe, Consumer	X	X	X	X	X	X	X	X		X
Barb Seatter, Mid-Columbia Center for Living	X		X	X	X			X	X	X
Christa Rude, Early Learning Hub	X	X	X	X		X	X		X	
Lori McCanna, DHS							X		X	
Paul Lindberg, Chair, Collective Impact Health Specialist	X	X	X	X	X	X	X	^	X	X
LIAISONS										
Dustin Zimmerman, OHA	X		X	X	X	X	X	X	X	
Trish Elliott, CAP liaison	X	X	X	X	X	X	X	P	X	X
Trudy Townsend, PacificSource	X		X	X	X	X	X	X	X	X
EXTENDED MEMBERS										
Blue Zones, Leticia Valle									X	
CG Food Bank, Sharon Thornberry	X									
CGHC, Coco Yackley	X	X	X	X	X	X	X	X	X	X
CGHC, Katy Williams	X		X	X	X	X	X	X	X	X
CGHC, Suzanne Cross	X	X	X	X		X	X	X	X	X
DHS, Nadja McConneville		X	X	X		X	X	X		X
Gorge Grown, Liz Oberhausen			X		X			X	X	
HAVEN, Sarah Franklin	X									
Helping Hands Oregon, Stephanie Irving										X
HR Co. Prevention Dept., Belinda Ballah		X	X					X	X	X
HR Shelter Services, Andy Wade										X
MCCFL, Claire Ranit					P			X		
MCEDD, Kathy Fitzpatrick	X	X	X	X		X	X	X	X	X
MCMC, Celeste Hill-Thomas	X		X	X		X	X		X	X
Mid-Columbia Housing Authority, Karen Long		X			X		X		X	X
NCPHD, Judy Bankman				X				X	X	
NCPHD, Kirah Doerr				X	X	X	X	X		
NCPHD, Shellie Campbell	X	X	X	X			X	X	X	X
OHSU ORPRN, Laura Ferrara	X	X	X	X	X		X	X	X	
One Community Health, Kristine Mier					X	X	X	X		X
PacificSource, Elke Towey		X	X	X	X	X	X	X	X	X
Providence, Mark W. Thomas	X		X	X	X					X

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Providence, Gladys Rivera	X	X		X				X	X	X
Reliance eHealth Collaborative, Dan Donoghue	X	X			X	X	X	X		X
Skyline Hospital, Debi Budnick	X		X					X	X	
The Next Door, Janet Hamada	X		X	X		X				
The Next Door, Martha Zapien	X		X	X	X	X	X	X	X	
The Next Door, Anna Osborn	X									
United Way, Jarrod Holmes	X	X	X		X	X	X	X	X	X
YouthThink, Debby Jones	X	X	X	X	X				X	

(P) Partial attendance

Email Distribution List (bold means they attended this meeting):

211Info: Cara Kangas
 Advantage Dental: Ashley Danielson; Molly Johnson
 Aging in the Gorge Alliance: Tina Castanares; Bonnie New; Becki Rawson
 AOC: Jessy Rose
 Blue Zones Project Oregon: Dillon Melady; Taylor Smith
 COIPA: Kim Bangerter, MBA
 Columbia Gorge Community College: Michael Krimmel
 Community Members: Roelina Dempsey; Anna Williams
 GOBHI: Kris Boler
 Gorge Grown: Gale Arnold; Sarah Sullivan
 HAVEN: Tara Koch
 Hood River Cares: Laura Westmeyer
 HR County Prevention Dept: Ilea Blouse; Nubia Contreras; Jane Palmer
 Iteration Evaluation: Becca Sanders, PhD
 Klickitat County: Kevin Barry; Rita Pinchot
 Klickitat Valley Health: Jim Daniel; Leslie Hiebert
 MCEDD: Amanda Hoey

MCMC: **Stephanie Bowen**; Blanca Flores; Alida Raynor
 NCPHD: Jeremy Hawkins; Teri Thalhofer
 OCADSV: Meagan Schorr
 OHSU: Kim Brown; Melinda Davis; Robyn Pham; Chelsea Ruder
 One Community Health: Brooke Nichols; Shannon-Marie O'Brien; Tracy Welker
 Oregon Healthiest State: Sarah Foster
 ORPRN: Emily Chirnside
 OSU Extension: **Lauren Kraemer**
 PacificSource: Heather Simmons, MPH; Kate Wells; Lindsey Hopper, JD; Kristen Dillon, MD
 Revel Coy Insurance: Abby Rudder
 Skyline: Elizabeth Vaivoda
 The Next Door: Eli Bello; Anna Osborn
 Youth Empowerment Shelter: Linda Casady
 Zion Lutheran Church: Tyler Beane Kelly

Community Advisory Council (CAC) Meeting Minutes

Date: October 22, 2018 Time: 3pm – 5pm Location: [] MCMC - MOB A [X] FISH FoodBank HR

Agenda Item	Duration, Presenter, Action Type
<p>Welcome & Introductions</p>	<p>Guests included Joel Madsen, Mid-Columbia Housing Authority; Mayra Rosales, The Next Door; Molly Rogers, Board Member; Sidney Axtell, FISH Food Bank; Kathy Schwartz, Wasco County.</p> <p>Back by popular demand, Joel Pelayo led the group through the song <i>Cielito Lindo</i></p>
<p>Announcements provided by the meeting participants</p>	<p>Healthy Active Hood River County (HAHRC) Coalition meeting is Tuesday, October 23rd 11:30-1:30 at Providence HRMH in Classroom 1 & 2</p> <p>A free viewing of “Screenagers – growing up in the digital age” will be presented on Tuesday, October 23rd at 6pm at The Dalles Middle School.</p> <p>Hood River County Budget workshop – October 24th at 6:30-8:30 at Fairgrounds</p> <p>Fit in Wasco Coalition meeting is Thursday, October 25th 10am-11am at North Central Public Health District</p> <p>Please join The Next Door at a complimentary breakfast and hear inspiring stories of hope on Friday, October 26th 8-9am at Four Seasons Catering (formerly Bent River) at 1535 Bargeway Road, The Dalles. Please RSVP to justinez@nextdoorinc.org or call 541 436 0304 by Wednesday</p> <p>Yakima Nation Housing Authority is having a groundbreaking event at Wishram Village, Dallesport, WA on October 27th at 10am</p> <p>November 7th at 11am “How to talk to your provider” with Nicole Pashek, NP at The Dalles Senior Center</p> <p>Hood River County Budget Workshop – November 8th 6:30 – 8:30 at Hood River Valley Adult Center</p> <p>YouthThink will be sponsoring a Suicide Survivors event on Saturday Nov 17th at The Dalles Columbia Gorge Community College in Building 3 from 9am – noon</p> <p>Wahtonka School Pantry is now open on the 2nd and 4th Thursdays from 3-6pm; Cascade Locks Elementary school pantry is coming soon.</p> <p>Strong Women Leader Training Wednesday November 28th 8:30-5pm. Come learn how to help our community be stronger through a strength-training program for older adults. Strong Women improves balance, strength and</p>

	<p>independence and reduces the burden of chronic disease. Contact Lauren Kraemer Lauren.Kraemer@oregonstate.edu</p> <p>Susan Lowe shared her recent experience with a broken tooth. She was seen by a One Community Health (OCH) provider only to learn that OCH does not do crowns or bridges. She then had to go to Advantage clinic for the services she needed. She expressed great concern for the consumer experience and what felt to her as demeaning, demoralizing and delaying in getting a timely resolution for her circumstance.</p> <p>Heather Thompson also expressed her concerns regarding the cost of dental coverage which will require her to continue to work for 2 more years.</p>
<p>Approve September CAC meeting minutes</p>	<p>On a motion made by <u>Susan Lowe</u> and seconded by <u>Heather Thompson</u>, the CAC unanimously approved the September CAC minutes</p>
<p>Reports: CAP Board CAC Chair Parking lot issues</p>	<p>The CAP report was provided by <u>Susan Lowe</u> and Trish Elliott. Trish presented the current Quality Incentive Measures (QIMs) for the Gorge area and the current performance. Green is passing, and the pinks/reds are the challenging measures that the region is not passing. She shared that the current scorecard has the Gorge at 80% of payout rather than 100%. The metrics she focused on that need to improve are: Dental Sealants; Timeliness of Prenatal Care; CAHPS: Access to Care; Diabetes Not in Control; Effective Contraceptive Use. She also described the Challenge Pool metrics and that passing these metrics provides an opportunity for additional funds.</p> <p>Trish also discussed the recent update on Pediatric Therapies that PacificSource announced in response to the Clinical Advisory Panel request.</p> <p>Trish briefly discussed the 2018 Regional Quality Pool Recipient Summaries.</p> <p>Trish reviewed the status of the CAP Priorities and the subsequent projects that have been approved. The Substance Abuse and Crisis Capability project was added to the Bike Rack for a future topic.</p> <p>The Board report was provided by Paul Lindberg. He announced that Molly Rogers, Wasco County Board Director was also in the room. Paul shared that the Board is settling on the Mission/Vision and Values. He is waiting for the Board to complete its work before restarting the CAC Mission and Vision work. The Board annual meeting is in 2 days and he will have more to report at the next CAC meeting.</p> <p>The CAC chair report was focused on Paul's and Joel Madsen's' recent trip to Princeton for this year's Robert Wood Johnson Culture of Health Prize ceremony. Paul shared his observation of an increased focus on equity. One of the new Culture of Health Prize communities is Klamath County – a region who is also a Blue Zones community. The group watched the video about Klamath County https://www.rwjf.org/en/library/features/culture-of-health-prize/2018-winner-klamath-county-ore.html One quote from the video was the description that 'equality is giving everyone shoes and equity is giving everyone shoes that fit'. Paul Lindberg, Sharon Thornberry and Joel Madsen all spoke about connections with partners in Klamath County. There was a discussion about a visit for information exchange. In addition, Spokane County, a former Culture of Health</p>

	<p>Prize winner, has been initiating discussions of a regional gathering. Sharon T shared that 50% of the food distributed in the regional food bank in Klamath is fresh food.</p>
<p>Old Business: Mission/Vision CAC Membership Continuation of Housing Discussion Bike Rack Status</p>	<p>Mission/Vision – as mentioned earlier in the Board report, Paul said that the Mission/Vision work in on hold until the Board completes its work.</p> <p>CAC Membership – Paul reviewed the feedback from the CAC Selection Committee and the primary goal of increasing consumer members. Paul clarified that a consumer member is a Medicaid and/or PacificSource CCO member. This is to ensure direct experience with navigating the Oregon Health Plan (OHP) system. Suzanne announced that CAC applications were available in both English and Spanish. Paul is facilitating a CAC membership workgroup to bring forward recommendations to the CAC. Barb requested signage or a poster for soliciting CAC members. Joel Pelayo suggested announcing the need for more consumer members at the CHW Community of Practice.</p> <p>Continuation of Housing Discussion: Joel Madsen reviewed the various housing initiatives in the community. The main areas Mid-Columbia Housing Authority are:</p> <ul style="list-style-type: none"> • Rental Assistance – this is often known as the “the HUD office” • Developer of properties which addresses <ul style="list-style-type: none"> ○ Low-income families ○ Seniors ○ Mental Health ○ Assisted living • Resident services. Bridges to Health (B2H) was an example of this. • Home ownership including education on buying, minor updates, accessibility upgrades and foreclosure avoidance. The updates and home repair efforts are larger in scope that the CAP home repair which focused on weatherization specifically. <p>To advance the Housing Alliance legislative agenda, there is a March 29, 2019 event. See Joel Madsen for more information. Joel also stressed the importance for everyone to vote. Gladys asked whether housing for teens (18+) is getting developed. Joel indicated that he hoped we can target specific development.</p> <p>Barb Seatter mentioned that there is a homeless action coalition in The Dalles that is in the forming stages. Karen Polehn shared that food backpack program continues to grow and is now at 155 backpacks for youth. The need is exceeding the supply of donations. Karen expressed concern for the ensuring youth have 6-8 meals over the weekend.</p> <p>Janet Hamada of the Next Door described the Oregon Trail program. It serves young adults (ages 17-25) who have aged out of the foster care system and have no other place to go. The clients are often homeless youth. Clients receive case management support and can stay up to 2 years. The clients are expected to pay rent, agree to case management and honor the drug and alcohol free living conditions.</p>

	<p>Sara Franklin from HAVEN shared information about the work of the Bilingual Housing advocate. Specifically, the Bilingual Housing advocate provides advocacy to survivors needing emergency shelter and housing assistance and is trained on the ABCs of Home buying and can offer this education to survivors. Additionally, provides Landlord and Creditor intervention that includes</p> <ul style="list-style-type: none"> • general letters of support • a collaborative agreement for letters of support from The Dalles Police Dept, • education • advocacy for survivors regarding their rights and housing laws. • Support with home buying and rental search for affordable, stable housing • Financial assistance with application fees for survivors • Certificate of Domestic violence for Section 8 Housing <p>Reports on Bike Parking Lot items:</p> <ul style="list-style-type: none"> • Joint CAC/CAP meeting – no update • A presentation on transportation/public transit – no update • Updates on Advanced Directives effort – no update • Future Commissioner Kathy Schwartz to speak on Housing – no update • NEW for Oct: Crisis/Substance Use Capability
<p>New Business:</p> <p>YouthThink Presentation</p>	<p>Debby Jones began her topic with sharing that there is scientific evidence which says community service is known to lower stress, provide relief from chronic pain and improve overall health outcomes. However, knowing where you can engage in community service is not well known. Debby is acting as the local sponsor for www.justserve.org a website to connect organizations in need of volunteers. JustServe.org is provided as a service by The Church of Jesus Christ of Latter-day Saints. Debby emphasized that the church is not filtering or censoring the submissions. For more information, contact Debby Jones at YouthThink.</p>
<p>Plus/Delta for the meeting</p>	<p>Plus/Delta for the meeting</p> <p>Pluses for the meeting</p> <ul style="list-style-type: none"> • Song • Housing conversation • Snacks • Video from Klamath • Food pantry update <p>Changes for the future</p> <ul style="list-style-type: none"> • Difficult to hear in the FISH foodbank room.
<p>Next CAC Meetings</p>	<p>November 26, 2018 @ MCMC MOB A December 17, 2018 @ FISH Food Bank</p>

Acronyms

A1C. Specific test for monitoring diabetes	HTN. Hypertension
ACA. Affordable Care Act	IIS. Immunization Information System
ACE. Adverse Childhood Experience	IMMS. Immunizations
ADHD. Attention Deficit Hyperactivity Disorder	LARC. Long-acting Reversible Contraceptive
AGA, Aging in the Gorge Alliance	LUBA. Land Use Board of Appeals
AOC. Association of Oregon Counties	MA. Medical Assistant
APD. Adults & Peoples with Disabilities	MARC. Mobilizing Action for Resilient Communities
AWCV. Adolescent Well Child Visit	MCCFL. Mid-Columbia Center For Living
BMI. Body Mass Index	MCCOG. Mid-Columbia Council of Governments
CAHPS. Consumer Assessment of Healthcare Providers and Systems	MCEDD. Mid-Columbia Economic Development District
CAT. Columbia Area Transit.	MCHA. Mid-Columbia Housing Authority
CAWEM, Citizen Alien Waived Emergent Medical	MLR. Medical Loss Ratio
CCO. Coordinated Care Organization	NCPHD. North Central Public Health District
CGFM. Columbia Gorge Family Medicine	NEMT. Non-Emergency Medical Transportation
CGHC. Columbia Gorge Health Council	NICH. Novel Interventions in Children’s Healthcare
CHA. Community Health Assessment	OCADSV. Oregon Coalition Against Domestic & Sexual Violence
CHARA. Community Health Advocacy & Research Alliance	OCDC. Oregon Child Development Coalition
CHIP. Children’s Health Insurance Programs	OCF. Oregon Community Foundation
CHIP. Community Health Improvement Plan	OCH. One Community Health
CLAS. Culturally & Linguistically Appropriate Services	OHA. Oregon Health Authority
CME. Continuing Medical Education	OHP. Oregon Health Plan
CMS. Center of Medicaid Services	OHPB. Oregon Health Policy Board
COIPA. Central Oregon Independent Practice Assoc.	OHSU. Oregon Health and Science University
CRAFFT. (Adolescent Screening Technique) Car, Relax, Alone, Forget, Friends, Trouble	OKQ. One Key Question
CRC. Colorectal Cancer	ONE. Oregon Eligibility
DCO. Dental Care Organization	ORPRN. Oregon Rural Practice-Based Research Network
DDA. Dual Diagnosis Anonymous	OSAA. Oregon School Activities Association
DEI. Diversity, Equity & Inclusion	PCP. Primary Care Provider
DHS. Department of Human Services	PCPCH. Patient-Centered Primary Care Home
DNR. Do Not Resuscitate	PDMP. Prescription Drug Monitoring Program
DTAP. Vaccine for Diphtheria, Tetanus and Pertussis	PHRMH. Providence Hood River Memorial Hospital
eQCM. Electronic Clinical Quality Measure	POLST. Physician Orders for Life-Sustaining Treatment
ECHO. Extension for Community Healthcare Outcomes	POTA. Pain and Opiate Treatment Advisory
ECU. Effective Contraceptive Use	PS. PacificSource
ED. Emergency Department	QHOC. Quality & Health Outcome Committee
EHR. Electronic Health Record	QIM. Quality Incentive Measure
EMR. Electronic Medical Record	RFP. Request for Proposal
EOB. Explanation of Benefits	ROI. Return on Investment
FIT. Fecal Immunochemical Test	RWJF. Robert Wood Johnson Foundation
GGFN. Gorge Grown Food Network	SBHC. School-based Health Center
GOBHI. Greater Oregon Behavioral Health Inc.	SBIRT. Screening, Brief Intervention and Referral for Treatment
GRACE. Geriatric Resources for Assessment & Care of Elders	SBST. STarT Back Screening Tool
HERC. Health Evidence Review Committee	SIT. Systems Integration Team
HIE. Health Information Exchange	SNAP. Supplemental Nutrition Assistance Program
HIT. Health Information Technology	SPMI. Serious and Persistent Mental Illness
HRCHD. Hood River County Health Department	SUD. Substance Abuse Disorder
HRCPD. Hood River County Prevention Department	TANF. Temporary Assistance for Needy Families
	TQS. Transformation and Quality Strategy
	WIC. Women, Infants & Children