

# Community Advisory Council (CAC) Meeting Attendance

Date: September 24, 2018 Location: [X] MCMC – MOB A [ ] FISH FoodBank Hood River

	Sep 24	Aug 28	Jun 25	May 21	Apr 23	Mar 19	Feb 26	Jan 22	Dec 18	Nov 27
<b>VOTING MEMBERS</b>										
Carol S. Olvera, Consumer	X	X		X	X					
Connie Armour, Consumer										X
Heather Thompson, Consumer	X	X	X	X	X		X	X	X	X
Joel Pelayo, Consumer		X	X	X	X	X	X	X		X
Karen Polehn, Consumer	X	X	X	X		X				X
Mayra Ulloa, Consumer	X	X		X	X				X	X
Susan Lowe, Consumer	X	X	X	X	X	X	X		X	X
Barb Seatter, Mid-Columbia Center for Living		X	X	X			X	X	X	P
Christa Rude, Early Learning Hub	X	X	X		X	X		X		
Lori McCanna, DHS						X		X		
Paul Lindberg, Chair, Collective Impact Health Specialist	X	X	X	X	X	X	^	X	X	X
<b>LIAISONS</b>										
Dustin Zimmerman, OHA		X	X	X	X	X	X	X		X
Trish Elliott, CAP liaison	X	X	X	X	X	X	P	X	X	X
Trudy Townsend, PacificSource		X	X	X	X	X	X	X	X	X
<b>EXTENDED MEMBERS</b>										
Blue Zones, Leticia Valle								X		
CGHC, Coco Yackley	X	X	X	X	X	X	X	X	X	X
CGHC, Katy Williams		X	X	X	X	X	X	X	X	X
CGHC, Suzanne Cross	X	X	X		X	X	X	X	X	X
Community Member, Laura Ferrara	X	X	X	X		X	X	X		
DHS, Nadja McConneville	X	X	X		X	X	X		X	
Gorge Grown, Liz Oberhausen		X		X			X	X		
HAVEN, Becca Simmons			X		X	X		P		X
Helping Hands Oregon, Stephanie Irving									X	
HR Co. Prevention Dept., Belinda Ballah	X	X					X	X	X	
HR Co. Prevention Dept., Ilea Bouse										X
HR Shelter Services, Andy Wade									X	
Klickitat County, Megan Winn									X	
MCCFL, Claire Ranit				P			X			
MCEDD, Kathy Fitzpatrick	X	X	X		X	X	X	X	X	
MCMC, Celeste Hill-Thomas		X	X		X	X		X	X	X
Mid-Columbia Action Council, Jim Slusher										
Mid-Columbia Housing Authority, Karen Long	X			X		X		X	X	
NCPHD, Judy Bankman			X				X	X		
NCPHD, Kirah Doerr			X	X	X	X	X			

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NCPHD, Shellie Campbell	X	X	X			X	X	X	X	
OCDC, Sandy Pulido										
One Community Health, Kristine Mier				X	X	X	X		X	X
PacificSource, Elke Towey	X	X	X	X	X	X	X	X	X	X
Providence, Mark W. Thomas		X	X	X					X	
Providence, Gladys Rivera	X		X				X	X	X	X
Reliance eHealth Collaborative, Dan Donoghue	X			X	X	X	X		X	
Sherman Co. Commissioner, Tom McCoy										X
Skyline Hospital, Debi Budnick		X					X	X		
The Next Door, Janet Hamada		X	X		X					
The Next Door, Martha Zapien		X	X	X	X	X	X	X		
United Way, Jarrod Holmes	X	X		X	X	X	X	X	X	X
YouthThink, Debby Jones	X	X	X	X				X		X

(P) Partial attendance

**Email Distribution List** (bold means they attended this meeting):

211Info: Lorena Herrera, Cara Kangas  
 Advantage Dental: Ashley Danielson; Molly Johnson  
 Aging in the Gorge Alliance: Tina Castanares; Bonnie New; Becki Rawson  
 AOC: Jessy Rose  
 Blue Zones Project Oregon: Dillon Melady; Taylor Smith  
 COIPA: Kim Bangerter, MBA  
 Columbia Gorge Community College: Michael Kimmel  
 Columbia Gorge ESD: Jonathan Fost  
 Community Members: Roelina Dempsey; Anna Williams, Luz Oropeza  
 GOBHI: Kris Boler  
 Gorge Grown: Gale Arnold; Sarah Sullivan  
 Gorge Owned: Lindsay Miller  
 HAVEN: **Sarah Franklin, Tara Koch**  
 Hood River Cares: Laura Westmeyer  
 HR County Prevention Dept: **Nadia Busekrus**; Nubia Contreras; Jane Palmer; Heidi Venture  
 HR Valley High School: **Michael Freysinger**  
 Iteration Evaluation: Becca Sanders, PhD  
 Klickitat County: Kevin Barry; Rita Pinchot

Klickitat Valley Health: Leslie Hiebert, **Jeff Teal, Charis Weis**  
 MCEDD: Amanda Hoey  
 Mid-Columbia Housing Authority: **Joel Madsen**  
 MCMC: **Stephanie Bowen**; Blanca Flores; Alida Raynor  
 NCPHD: Stephanie Buell; Jeremy Hawkins; **Teri Thalhofer**  
 OCADSV: Meagan Schorr  
 OHSU: Kim Brown; Melinda Davis; Erin Howlane; Robyn Pham; Chelsea Ruder  
 One Community Health: Brooke Nichols; Shannon-Marie O'Brien; Tracy Welker  
 Oregon Healthiest State: Sarah Foster  
 ORPRN: Emily Chirnside  
 OSU Extension: Lauren Kraemer  
 PacificSource: Heather Simmons, MPH; Kate Wells; Lindsey Hopper, JD; Kristen Dillon, MD  
 Revel Coy Insurance: Abby Rudder, Shanon Saldivar  
 Skyline: Elizabeth Vaivoda  
 The Next Door: **Eli Bello**, Lindsey Freysinger  
 Youth Empowerment Shelter: Linda Casady  
 Zion Lutheran Church: Tyler Beane Kelly

*Due to food sensitives, please remember no peanuts or peaches are allowed in the room. Other nuts can be in the room but should be clearly marked if they are for the group consumption.*

# Community Advisory Council (CAC) Meeting Minutes

Date: September 24, 2018 Time: 3pm-5pm Location: [X] MCMC-MOB A [] FISH FoodBank HR

Agenda Item	Duration, Presenter, Action Type
<p><b>I. Welcome &amp; Introductions</b></p>	<p>For the September meeting, the CAC consumer members held a separate 30-minute gathering prior to the full CAC meeting which began at 3:30pm.</p> <p>Paul Lindberg welcomed the attendees.</p> <p>New guests included: Angela Ogden, Pacific University</p>
<p><b>II. Announcements/ Bragging provided by the meeting participants</b></p>	<p>Mid-Columbia Medical Center (MCMC) Health and Wellness Fair <b>this Saturday, Sept 29<sup>th</sup></b> from 10am-1pm at Water’s Edge in The Dalles. For more information call Stephani at 541-506-5704 or <a href="mailto:stephaniela@mcmc.net">stephaniela@mcmc.net</a></p> <p>Connect to Public Contracting &amp; Business Resources at the Governor’s Market Place on <b>October 4<sup>th</sup> from 8am-2pm</b> at the Columbia Gorge Community College, The Dalles Campus, Lecture Hall (Building 2). This is a free event geared to small businesses and nonprofits to learn about the benefits with working with state agencies. Details and registration are: <a href="https://www.eventbrite.com/e/connect-to-public-contracting-business-resources-at-governors-marketplace-the-dalles-or-tickets-48040231626?ref=ecal">https://www.eventbrite.com/e/connect-to-public-contracting-business-resources-at-governors-marketplace-the-dalles-or-tickets-48040231626?ref=ecal</a> Contact Nadja (<a href="mailto:nadja.mcconville@dhsola.state.or.us">nadja.mcconville@dhsola.state.or.us</a>) if you have questions.</p> <p>Four Rivers Early Learning and Parenting Hub is pleased to release the <i>Parenting in the Four Rivers Region Guide</i>. The guide is available <b>NOW</b>. If you would like a stack or a box to distribute to families, please email or call with the number of guides you would like. Christa Rude (<a href="mailto:Christa.Rude@cgesd.k12.or.us">Christa.Rude@cgesd.k12.or.us</a>) or 541-506-2255.</p> <p>The new Columbia Area Transit (CAT) <b>commuter bus to Portland launched on Monday Sept 24<sup>th</sup></b>. The route goes east and west from the Gorge to Portland, Monday – Friday with 2 round trips per day. Call CAT at 541-386-4202 for more information.</p> <p>The <b>new fixed ride bus</b> service from <b>White Salmon to Hood River</b> plus <b>Goldendale to The Dalles</b> launched in September and is <b>available now</b>. Call Mt Adams Transportation Service (MATS) 509-493-4662 for more information.</p> <p><b>Hood River Valley High School</b> is starting a <b>healthcare career technical education program</b> and <b>needs internship positions for high school students</b> beginning in early 2020. Contact Michael Glane Freysinger (<a href="mailto:michael.glane@hoodriver.k12.or.us">michael.glane@hoodriver.k12.or.us</a>) with any questions.</p>

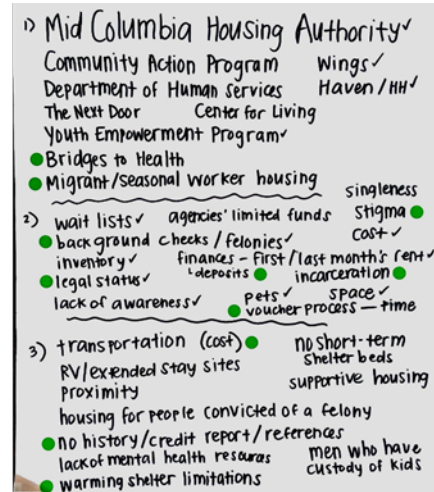
	<p><u>Mayra Ulloa</u> has resigned as a CAC Consumer member. She believes the needs of the CAC would be best served by an active CCO Consumer member and is choosing to make her seat available to a new CAC Consumer member.</p> <p><u>Connie Armour</u> has declined continued participation in the CAC.</p>
<p><b>III. Approve August CAC meeting minutes</b></p>	<p>On a motion made by <u>Heather Thompson</u> and seconded by <u>Carol Olvera</u>, the CAC unanimously approved the August CAC minutes.</p>
<p><b>IV. Reports</b></p> <ul style="list-style-type: none"> <li>• CAP</li> <li>• Board</li> <li>• CAC Chair</li> <li>• Parking lot issues</li> </ul>	<p>The <b>CAP report</b> was provided by <u>Susan Lowe</u> and Trish Elliott. Susan reviewed the results of the Summer Swim Rx program and shared her perspective that the “results of the program were good because, even though it got a late start, it was still able to serve 54 families”. The Summer Swim RX program was funded from the CAP as part of the Childhood Obesity priority. The Summer Swim Rx program offered family swim passes to households where physical activity was low for children. The family swim passes cost \$25 for the entire household to swim for the summer in The Dalles or for 3 months in Hood River. Vouchers were distributed at clinics and then redeemed at the aquatic centers either in The Dalles or Hood River. The number of vouchers redeemed was tracked back to the participating clinics:</p> <ul style="list-style-type: none"> <li>○ MCMC Pediatrics: 24</li> <li>○ Columbia Gorge Family Medicine: 11</li> <li>○ A Kidz Dental Zone: 8</li> <li>○ MCMC Family Medicine: 8</li> <li>○ Providence Family Medicine: 3</li> </ul> <p>An initial survey of 24 of the families who redeemed a voucher highlighted some barriers in using the pool. Those barriers included: 21% sharing that the \$25 fee was a barrier; 17% sharing that transportation was a barrier; 17% sharing that language was a barrier and 63% sharing that time (too busy, conflicting schedules) was a barrier.</p> <p>Trish reviewed the CAP priorities which include:</p> <ol style="list-style-type: none"> <li>1. Crisis/Substance Abuse. There is an approved proposal for Group Facilitation for feasibility and sustainability of a Comprehensive Substance Abuse and Crisis Capability.</li> <li>2. Elders. There are two proposals for Elders – 1) Increase awareness and use of Advanced Directives in all ages groups in the Gorge and 2) Group Facilitation and Project Plan Development for Implementing an adapted version of the GRACE Model.</li> <li>3. Childhood Obesity. The Summer Swim Rx program has been the current focus.</li> <li>4. Quality Incentive Measures (QIMs) which includes Tobacco Cessation</li> <li>5. Oral Health integration.</li> </ol> <p>The proposal for Advanced Directives resulted in a CAC discussion with several questions regarding the scope of the proposal, where Advanced Directives are to be conducted, the role of the PCP and hospital, and inquiries about POLST (Physician Orders for Life-Sustaining Treatment). Teri Thalhofer explained that POLST forms are used to define orders for paramedics and hospitals for someone who is severely ill. It was shared that some of the social service agencies are handing out the Advanced Directive forms. <u>Heather Thompson, Consumer member</u> shared her personal experience with the form and the level of difficulty in completing one. <u>Karen Polehn, Consumer member</u> asked</p>

	<p>participants to raise their hand if they had an Advanced Directive on file. Approximately half the room raised their hand. Karen indicated that the rest of the attendees had some homework to complete. It was requested that the Advanced Directives RFP awardee come to the CAC for a deeper discussion.</p> <p>The <b>Board Report</b> was provided by Paul Lindberg. He shared that the Board is in the middle of defining the Mission and Vision for Columbia Gorge Health Council and the early drafts look very similar to the work from the CAC.</p> <p>There was no update for the CAC Chair report.</p> <p><b>Reports on Bike Parking Lot items:</b></p> <ul style="list-style-type: none"> <li>• Joint CAC/CAP meeting – no update</li> <li>• A presentation on transportation/public transit – no update</li> <li>• <b>New for Sept:</b> Updates on Advanced Directives effort</li> <li>• <b>New for Sept:</b> Future Commissioner Kathy Schwartz to speak on Housing</li> </ul>
<p><b>V. Old Business</b></p> <ul style="list-style-type: none"> <li>• <b>Mission/Vision &amp; CAC Membership</b></li> <li>• <b>CHA Cohort</b></li> </ul>	<p>The Mission/Vision &amp; CAC Membership discussion was skipped due to time constraints.</p> <p>Coco Yackley reviewed the summary information from the Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) Cohort meeting held on September 17<sup>th</sup>. Coco reviewed the change to utilize a CHA/CHIP workgroup for this 3<sup>rd</sup> cycle. Both Coco and Paul emphasized that the CAC remains the final approval authority but that much of the detailed work will happen in the workgroup. Anyone interested in participating in the workgroup is requested to contact Coco. Some changes are being incorporated for this 3<sup>rd</sup> iteration including:</p> <ul style="list-style-type: none"> <li>• Incorporating other data sources in addition to the Consumer Survey</li> <li>• Increase the time spent on the CHIP to develop robust action plans.</li> <li>• Have a process gathering partner perspectives on issues in the community</li> </ul> <p>Debby Jones expressed interest in having her Youth Prevention peers in the region to study the Teen Survey responses to provide inputs for the CHA.</p>

## VI. New Business

- Popular Ed model discussion on housing
- Plus/Delta Review

Suzanne Cross introduced the Popular Education model to be used for a discussion on Housing Resources in The Gorge. The CAC was split into 4 small workgroups and asked to answer 3 questions. At the end of the small workgroup activity, the results of each workgroup were shared with the larger group. Any item with a \* below were items that were mentioned in 2 or more workgroups. Gladys read the questions in Spanish.



### Housing Questions:

1. What housing resources do you utilize or know about in the community? ¿Que recursos de vivienda conoce en la comunidad?

- Bridges to Health \*
- Church - Father's House Fellowship shelter (Goldendale) \*
- Churches
- Community Action Program (CAP) \*
- Cooling Shelters \*
- craigslist / gorge.net
- Department of Human Services \*
- Domestic violence shelters (HAVEN Helping Hands) \*
- Emergency hotel/motel voucher programs \*
- Foster care system
- Guided Path (WGAP)
- HAVEN-short term shelter / hotel Vouchers
- Home Ownership Program
- Hope Shelter TD
- HR Warming Shelter \*
- JOB Corps (housing program)
- Mid-Columbia Center for Living
- Mid-Columbia Housing Authority \*
- Migrant / seasonal worker housing
- OR Housing Opportunities (OHA - HR Health Dept OHAP)
- Oregon Trail Youth (NDI) \*
- Real estate agents
- Rental agencies / Property management 8
- Resident services
- Salvation Army
- Senior living / assisted living
- St Vincent
- TANF -DHS/DSHS
- TAX Preservation Program
- WAGAP \*
- WINGS \*
- Youth Empowerment Shelter (YES) \*

2. What barriers do you have or know about accessing these resources? ¿Que barreras tiene o conoce acerca del acceso a estos recursos?

- access to groceries and other services
- agencies limited funds
- anxiety living in high density area
- background checks / felonies / criminal history \*
- child Care access
- credit
- Disability access
- employment
- eviction history
- Finances / cost - First / last month's rent / deposits /move-in costs \*
- homeless youth under 18
- housing availability / inventory / Lack of affordable Stable housing \*
- incarceration \*
- income
- kids
- lack of awareness / lack of connections / knowledge \*
- language barriers (simple language and native language)
- legal status / no documentation \*
- most resources short term solutions
- navigating system
- no site for centralized housing information
- paperwork / red tape / hard to follow guidelines
- pets \*
- singleness
- space \*
- stigma \*
- Transportation - lack of transportation to affordable housing \*
- Voucher process - time on waiting lists \*

3. What gaps in resources do you experience or know about? ¿En su experiencia o conocimiento, ¿Que hace falta en cuanto a recursos de vivienda?

- available long-term housing units \*
- Cultural humility competence
- gap in federal investment
- housing for people convicted of a felony / exiting corrections \*
- inadequate domestic violence beds
- Lack of mental health resources / mental health support \*
- meeting civil rights needs
- men who have custody of kids
- no history / credit report / references
- no short-term shelter beds
- resources for disasters /emergency displacement (long term)
- RV extended stay sites proximity
- Senior housing (affordable)
- Sober housing
- some resources not available Gorge-wide
- Stability of funding

	<ul style="list-style-type: none"> <li>• supportive housing</li> <li>• transportation (cost)</li> <li>• upgrades for mobile home parks to pass Housing Quality Standards</li> <li>• Warming shelter limitations – seasonal, only at night / limitations *</li> </ul> <p>It was requested that Kathy Schwartz come speak to the CAC about Housing at a future meeting.</p> <p><b>Plus/Delta for the meeting</b></p> <p>Pluses for the meeting</p> <ul style="list-style-type: none"> <li>• Had more time for a topic</li> <li>• Housing conversation</li> <li>• The U-shaped room setup</li> <li>• <i>Added afterwards:</i> Having a CAC Consumer only meeting beforehand was very grounding.</li> </ul> <p>Changes for the future</p> <ul style="list-style-type: none"> <li>• Hope for \$ for housing</li> <li>• Bring data: What do we know</li> <li>• Computer malfunction delayed start of the meeting</li> </ul>
<p><b>VII. Next CAC Meetings</b></p>	<p>October 22, 2018 @ FISH Food Bank</p> <p>November 26, 2018 @ MCMC MOB A</p>