

Community Advisory Council (CAC) Meeting Minutes

Date: April 22, 2019

Location: [] MCMC – MOB A [X] FISH FoodBank Hood River

Attendance

Voting Members in attendance:

Joel Pelayo, Consumer
Mayra Rosales, Consumer
Susan Lowe, Consumer

Paul Lindberg, Chair
Christa Rude, Four Rivers Early Learning Hub
Trish Elliott BSN, Hood River County Health Dept,
Clinical Advisory Panel (CAP) liaison
Barb Seatter M.S., Mid-Columbia Center for Living

Voting Members not in attendance:

Heather Thompson
Krystal Perez

Liaisons in attendance:

Dustin Zimmerman, OHA

Guests in attendance:

Lisa Viles, APD
Sharon Thornberry, Columbia Gorge Food Bank
Coco Yackley, Columbia Gorge Health Council
Katy Williams, Columbia Gorge Health Council
Suzanne Cross, Columbia Gorge Health Council
Nadja McConville, Department of Human Services
Erika Roberts, Four Rivers Early Learning Hub
Kate Karlson, Gorge Grown
Ashly Benson, Grain Integrative Health
Courtney Jackson, Grain Integrative Health
Lindsay Baum, Grain Integrative Health
Sara Kates-Choy, Grain Integrative Health
Sarah Franklin, HAVEN
Tara Koch, HAVEN
Belinda Ballah, Hood River County Prevention
Jane Palmer, Hood River County Prevention

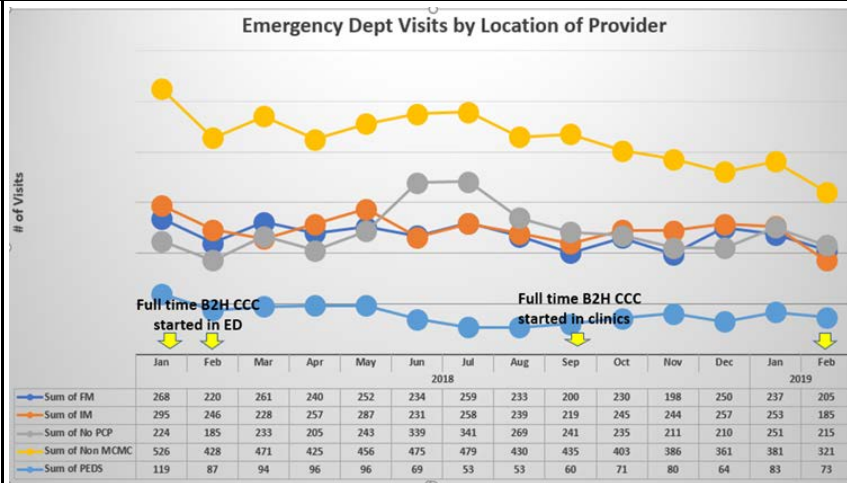
Michael Freysinger, Hood River School District
Sarah Kellems, Hood River Shelter Services
Laurell Kaiser, Klickitat County Health Department
Lindsay Miller, Lindsay Miller Consulting
Karen Long, MCHA
Blanca Flores, MCMC
Stephanie Bowen, MCMC
Shellie Campbell, NCPHD
Lauren Kraemer, MPH, OSU Extension
Elke Towey, PacificSource
Gladys Rivera, Providence
Mark Thomas, Providence
Michele Guerrero, One Community Health
Dan O'Donoghue, Reliance eHealth Collaborative
Janet Hamada, The Next Door Inc
Jarrod Holmes, United Way of the Columbia Gorge

Agenda

Welcome & Introductions	Paul Lindberg welcomed the group and called the meeting to order at 3:04 pm. Paul announced that Carol O had resigned as a CAC voting member.
Announcements provided by the	The sixth annual 10,000 Steps Toward Healing walk, an event to raise awareness about sexual assault and its survivors, is set for Wednesday, April 24, at noon starting at the Civic

<p>meeting participants</p>	<p>Auditorium. Contact the HAVEN office 514 296 1662 or Jenna Cohan (jenna@haventhedalles.org).</p> <p>Stewards of Children Training (Spanish) is on Thursday April 25th at 5:30-8:30pm at The Next Door. Childcare and light dinner provided. Register with Liliana Lachino at 541 490 4359</p> <p>Gorge Food Security Coalition is meeting April 29th from 5:30-7:30 pm at FISH Foodbank in Hood River. The group focuses on making healthy food more accessible to everyone in the Gorge. Contact Liz Oberhausen liz@gorgegrown.com for more info</p> <p>A parenting class inspired by The Incredible Years. Meal and Child Care Provided. WHEN: 8-week series beginning: Monday, April 15th, 2019 5:00PM — 7:30PM. All families welcome, registration required. LOCATION: Mid-Columbia Children's Council, Head Start Located at Church of the Nazarene 2168 Belmont Ave., Hood River, OR 97031. Each week has tips and new ideas. Sponsored by The Four Rivers Early Learning Hub and Mid-Columbia Children's Council. Register by calling 541 386-2010 ext 243 or email heidicrane@mcccheadstart.org</p> <p>Nurturing Parenting: On the Job Tips & Pointers. Child Care Provided (children ages 3-10). WHEN: Thursday evenings (light meal provided). April 25— June 27. WHERE: Wasco County Library, Community Room. Register NOW: Call 541-386-2500 Ext. 3 or email 4RELH@cgesd.k12.or.us. Sponsored by: The Four Rivers Early Learning Hub & The Wasco County Library District</p> <p>Need your staff to be familiar with anatomy at a new level of detail? Hood River Valley High School has access to Anatomage's Virtual Anatogadamy training tables. (https://www.anatamage.com/table/) and is opening up training classes on how to use the tables on May 2nd and 3rd. Contact Michael Glane michael.glane@hoodriver.k12.or.us for details. This is an extension of the Hood River High School Health CTE program.</p> <p>May 1, Wednesday, 5:30-7 at the Mid-Columbia Senior Center: Potluck Moai Launch, meet others who want to eat healthy and socialize for 10 weeks. (*Bring a healthy dish to share) https://www.facebook.com/events/810291345986179/</p> <p>May 2, Thursday, 5:30-6:30, meet outside Kainos Café: Walking Moai Launch, meet others who want to walk together for 10 weeks for 30 minutes. (*Event will consist of a walk to Lewis and Clark Festival Park and back) https://www.facebook.com/events/2327948487256750/</p> <p>May 3rd 8am-2:30pm. Sixth Annual Health Relationship Summit 2019. For Youth, By Youth. HAVEN of the Columbia River Gorge, The Dalles.</p> <p>HAVEN from Domestic and Sexual Violence, the local advocacy agency for survivors of violence will be facilitating a Core Advocacy Training Spring 2019 for anyone interested in Volunteering at HAVEN. Training Dates: May 7 – June 1, 2019 (10 sessions). Contact Heather Benton at 541 980 1128.</p> <p>May 29, Wednesday, 5:30-7:30, The Dalles Library: Purpose Workshop, discover and learn to articulate your life's purpose in this dynamic workshop. (Free!) https://www.facebook.com/events/298497510827887/</p>
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	<p>Caregiver Job Fair Tuesday June 18th 10:00 AM to 6:00 PM. Start your own business as an Adult Foster home Licensee, An AFH Caregiver or a Homecare Worker. Applications available, Vendors, Information, Guidance and Support. Refreshments provided. 3641 Klindt Dr. The Dalles. DHS/AGING AND PEOPLE WITH DISABILITIES. CALL Yulanda 541-506-3536</p> <p>You are invited to FAMILY DAY THURSDAY JUNE 27, 12PM-4PM. On this Thursday afternoon families are invited to visit our center for a resource fair. Every year more agencies join in on these efforts to provide services and education activities to children and families. If interested, please email: guadalupe.ortega@ocdc.net so we can ensure you we have a table or space for your agency.</p> <p>North Central Public Health District has 3 open positions: A Community Health Worker (CHW), Public Health Nurse and Environmental Health Supervisor. For questions, contact Gloria and NCPHD at 541 506 2600</p>
<p>Approve March CAC meeting minutes</p>	<p>A motion was made by Susan Lowe and seconded by Trish Elliott, to approve the March meeting minutes as presented. Paul Lindberg used this opportunity to demonstrate how changes to minutes are made. Paul indicated that the info he presented at the last meeting about who is eligible to be CAC Chair was inaccurate. He stated that anyone from the group could be chair. Coco Yackley shared that the Executive Committee discussed this topic and had concluded that the CAC Chair needed to be a voting member prior to being Chair. Paul then stated that the full Board still had to vote to approve that idea.</p> <p>The CAC voted to approve the minutes with these changes.</p>
<p>Reports: CAP Report Board Report CAC Chair Report Parking Lot items</p>	<p>CAP Report: Susan Lowe informed the group of the Mighty Mouth Campaign from the Oral Health Coalition. The messaging campaign includes: a) First screening by first birthday b) Dental care while pregnant and c) Drink water for thirst.</p> <div data-bbox="712 991 1349 1304" data-label="Image"> </div> <div data-bbox="729 1329 846 1449" data-label="Image"> </div> <div data-bbox="852 1365 1018 1404" data-label="Text"> <p>The Columbia Gorge Oral Health Coalition</p> </div> <div data-bbox="1049 1356 1308 1425" data-label="Image"> </div> <div data-bbox="1333 1390 1495 1438" data-label="Text"> <p>ARCORA Foundation</p> </div>



Susan shared that the Emergency Department Navigator at Mid-Columbia Medical Center (MCMC) has been successful in lowering Emergency Department (ED) Usage and is partnering with the Bridges to Health Care Coordinators.

Trish Elliott announced the formation of a dental access workgroup to focus on Adult dental access. The group is scheduled to meet just prior to the May CAP meeting.

Board Report: Paul Lindberg shared that the Board continues its work regarding Executive Director. Paul also reviewed the organizational chart highlighting the structures inclusive of PacificSource, Columbia Gorge Health Council and the sub-committees. He also shared that the CCO 2.0 Application was submitted which received a round of applause.

CAC Chair Report: The big topic for the Chair report is the CAC Statewide conference which is later in the agenda.

Bike Lot items (★ are new from the meeting)

- Joint CAC/CAP meeting
- A presentation on transportation/public transit
- Updates on Advanced Directives effort
- Future Commissioner Kathy Schwartz to speak on Housing
- Crisis/Substance Use Capability
- Look into incentivizing consumer survey for hand-fielded
- Simultaneous translation for CAC meeting
- CAC to review CAC Chair definition, scope and job role

Consumer Survey Update

Coco Yackley shared that the hand-fielded Consumer Survey was being printed and ready for distribution in early May. Both the English and Spanish versions went through Plain Language review. Gladys Riviera shared that she was very pleased with how the Spanish version had improved since the previous iteration. Coco briefly reviewed the change from zip code to census block group and how the change will result in more detailed analysis and align with other data sources national and state data.

Elders Project – Geriatric Resources of Assessment & Care of Elders (GRACE) Model

Lindsay Miller introduced the CAC attendees to the GRACE Team Care Model. It is an evidence-based model developed at the Indiana University School of Medicine’s Center for Aging Research in 2002. GRACE stands for Geriatric Resources for Assessment and Care for Elders and is specifically designed to serve older adults with complex needs - patients 65 years or older (not hospice-eligible) with functional limitations and/or geriatric conditions (e.g., falls, depression, dementia) and a high risk for hospitalization. Lindsay’s work is a time-limited project funded by the CGHC through the CAP. She is leading a research effort to determine whether as a community, the Gorge could benefit from implementing the GRACE model.

	<p>The group went around the room each sharing an experience with caring for an older adult and identified at least one barrier or gap in supporting the needs of the older adult or in their ability to support the older adult.</p> <p>Mark Thomas shared his concern that the GRACE model feeds the pipeline to services but is not expanding the service delivery itself. His concern was one of creating more demand with another care coordination effort without expanding services.</p>
<p>CAC Statewide Meeting Report</p>	<p>Paul Lindberg, Suzanne Cross, Joel Pelayo, Susan Lowe, Trudy Townsend and Dustin Zimmerman all attended the annual CAC Statewide 2-day Meeting on March 19-20. They shared their experiences with the conference and provided the following ideas and learnings.</p> <ol style="list-style-type: none"> 1. There is a need (all CCOs) for translation and interpretation of materials (especially for CACs), very important 2. Create ground rules & have them at each meeting 3. Give members jobs (examples: greeter, secretary for the minutes, person who hands out materials, timer, mentor for new members, technology person) 4. Have a standing item for “community hot topics” (example: a certain concern has percolated up in the community) 5. Provide an orientation for new CAC members, wait a meeting or two so as not to overwhelm them 6. Reimbursement for CAC Oregon Health Plan (OHP) members is reimbursement for their time, input and expertise. Costs to cover transportation and childcare should be additional. The Columbia Gorge Coordinated Care Organization (CCO) stipend is the lowest we heard of. 7. Hold a CAC meeting directly before a board meeting so people can attend both 8. Use a remote option for CAC OHP (only) members to attend if needed 9. CAC OHP members business cards 10. Consider texts with CAC members instead of calendar invites, CAC staff person to check in regularly 11. Regular Consumer Member Only meetings 12. Using narrative stories as part of the Community Health Assessment 13. Have voting members contribute to and help design CAC agenda
<p>Brainstorm for CAC/Board joint meeting in June</p>	<p>Suzanne Cross led the group through a discussion regarding the upcoming joint CAC/Board meeting in June. Suggestions included: Orientation on what the groups do - both Board and CAC; CGHC Funding update - how has money been spent and what's available; Value of building relationships (questions in pairs); Brainstorming session on a specific issue</p>
<p>Meeting Evaluation</p>	<p>Pluses Lots of interaction Hearing everyone share their experiences The meeting running on time Respectful behavior by all Lots of useful info Large number of people who attend Cascade Locks is getting a clinic</p> <p>Deltas Plastic forks – especially in the spirit of Earth Day</p>

	Where's the guitar?
Next CAC Meetings	<p>May 20, 2019 @ MCMC Conference Room #1 – NOTE ROOM CHANGE</p> <p>3:00-3:30 for Voting Members only</p> <p>3:30-5:00 for general attendance</p> <p>June 24, 2019 @ FISH Food Bank – <i>combined meeting with CGHC Board</i></p>

Acronyms

A1C. Specific test for monitoring diabetes	HVC. Home Visiting Connections
ACA. Affordable Care Act	IIS. Immunization Information System
ACE. Adverse Childhood Experience	IMMS. Immunizations
ADHD. Attention Deficit Hyperactivity Disorder	LARC. Long-acting Reversible Contraceptive
AGA, Aging in the Gorge Alliance	LUBA. Land Use Board of Appeals
AOC. Association of Oregon Counties	MA. Medical Assistant
APD. Adults & Peoples with Disabilities	MARC. Mobilizing Action for Resilient Communities
AWCV. Adolescent Well Child Visit	MCCFL. Mid-Columbia Center For Living
BMI. Body Mass Index	MCCOG. Mid-Columbia Council of Governments
CAHPS. Consumer Assessment of Healthcare Providers and Systems	MCEDD. Mid-Columbia Economic Development District
CAT. Columbia Area Transit.	MCHA. Mid-Columbia Housing Authority
CAWEM, Citizen Alien Waived Emergent Medical	MLR. Medical Loss Ratio
CCO. Coordinated Care Organization	NCPHD. North Central Public Health District
CGFM. Columbia Gorge Family Medicine	NEMT. Non-Emergency Medical Transportation
CGHC. Columbia Gorge Health Council	NICH. Novel Interventions in Children’s Healthcare
CGOHC. Columbia Gorge Oral Health Coalition	OCADSV. Oregon Coalition Against Domestic & Sexual Violence
CHA. Community Health Assessment	OCDC. Oregon Child Development Coalition
CHARA. Community Health Advocacy & Research Alliance	OCF. Oregon Community Foundation
CHIP. Children’s Health Insurance Programs	OCH. One Community Health
CHIP. Community Health Improvement Plan	OCHIN. Oregon Community Health Information Network
CLAS. Culturally & Linguistically Appropriate Services	ODS. Oregon Dental Services
CME. Continuing Medical Education	OHA. Oregon Health Authority
CMS. Center of Medicaid Services	OHP. Oregon Health Plan
COIPA. Central Oregon Independent Practice Assoc.	OHPB. Oregon Health Policy Board
CRAFFT. (Adolescent Screening Technique) Car, Relax, Alone, Forget, Friends, Trouble	OHSU. Oregon Health and Science University
CRC. Colorectal Cancer	OKQ. One Key Question
DCO. Dental Care Organization	ONE. Oregon Eligibility
DDA. Dual Diagnosis Anonymous	ORPRN. Oregon Rural Practice-Based Research Network
DEI. Diversity, Equity & Inclusion	OSAA. Oregon School Activities Association
DHS. Department of Human Services	PCP. Primary Care Provider
DNR. Do Not Resuscitate	PCPCH. Patient-Centered Primary Care Home
DSN. Delivery System Network	PDMP. Prescription Drug Monitoring Program
DTAP. Vaccine for Diphtheria, Tetanus and Pertussis	PHQ. Patient Health Questionnaire
eCQM. Electronic Clinical Quality Measure	PHRMH. Providence Hood River Memorial Hospital
ECHO. Extension for Community Healthcare Outcomes	POLST. Physician Orders for Life-Sustaining Treatment
ECU. Effective Contraceptive Use	POTA. Pain and Opiate Treatment Advisory
ED. Emergency Department	PS. PacificSource
EHR. Electronic Health Record	QHOC. Quality & Health Outcome Committee
EMR. Electronic Medical Record	QIM. Quality Incentive Measure
EOB. Explanation of Benefits	RFP. Request for Proposal
FIT. Fecal Immunochemical Test	ROI. Return on Investment
GGFN. Gorge Grown Food Network	RWJF. Robert Wood Johnson Foundation
GOBHI. Greater Oregon Behavioral Health Inc.	SBAR. Situation, Background, Assessment & Recommendation
GRACE. Geriatric Resources for Assessment & Care of Elders	SBHC. School-based Health Center
HERC. Health Evidence Review Committee	SBIRT. Screening, Brief Intervention and Referral for Treatment
HIE. Health Information Exchange	SBST. STarT Back Screening Tool
HIT. Health Information Technology	SIT. Systems Integration Team
HRCHD. Hood River County Health Department	SNAP. Supplemental Nutrition Assistance Program
HRCPD. Hood River County Prevention Department	SPMI. Serious and Persistent Mental Illness
HTN. Hypertension	SUD. Substance Abuse Disorder
	TANF. Temporary Assistance for Needy Families
	TQS. Transformation and Quality Strategy
	WIC. Women, Infants & Children