

Community Advisory Council (CAC) Meeting Minutes

Date: March 18, 2019

Location: MCMC – MOB A FISH FoodBank Hood River

Attendance

Voting Members in attendance:

Heather Thompson, Consumer
 Joel Pelayo, Consumer
 Mayra Rosales, Consumer
 Susan Lowe, Consumer

Paul Lindberg, Chair
 Christa Rude, Four Rivers Early Learning Hub
 Trish Elliott BSN, Hood River County Health Dept,
 Clinical Advisory Panel (CAP) liaison
 Barb Seatter M.S., Mid-Columbia Center for Living

Voting Members not in attendance:

Krystal Perez
 Carol Olvera

Liaisons in attendance:

Trudy Townsend, PacificSource Community Solutions

Guests in attendance:

Lisa Viles, APD
 Amy Krol, Blue Zones Project
 Caitlin Seyfried, Columbia Gorge Food Bank
 Sharon Thornberry, Columbia Gorge Food Bank
 Coco Yackley, Columbia Gorge Health Council
 Nadja McConville, Department of Human Services
 Kate Karlson, Gorge Grown
 Belinda Ballah, Hood River County Prevention
 Laurell Kaiser, Klickitat County Health Department
 Karen Long, MCHA

Stephanie Bowen, MCMC
 Kirah Doerr, NCPHD
 Shellie Campbell, NCPHD
 Chelsea Ruder, OHSU
 Laura Ferrara, OHSU ORPRN
 Elke Towey, PacificSource
 Jacob Taylor, PacificSource
 Mark Thomas, Providence
 Jarrod Holmes, United Way of the Columbia Gorge

Agenda

Welcome & Introductions	Paul Lindberg called the meeting to order at 3:04pm and welcomed the group to the March CAC meeting.
Announcements provided by the meeting participants	<p>Tuesday March 19 – Cooking demo (kid friendly!) @5:30-7pm at the Senior Center in The Dalles</p> <p>Wednesday March 20th – Purpose workshop @ 5:30-7:30pm at The Dalles Library</p> <p>Thursday March 21st – Gorge wide school garden gathering at Mosier school from 4-6pm. Garden based education work at schools. Contact kiara@gorgegrown.com</p> <p>Friday March 22nd Engagement lunch. Contact Amy Krol amy.krol@sharecare.com at BlueZones</p>

	<p>Friday March 22nd @ 5:30pm OHP Informational night in Spanish. Childcare and light dinner served at The Next Door in Hood River. Contact Mayra Rosales (541) 490 1881</p> <p>Saturday March 23 – Eagle Caves Community Clean-up. 10am-12pm. Meet at Irvine & 10th at Chenoweth Middle School & Fish & Wildlife Office. Contact Amy Krol amy.krol@sharecare.com (541) 288 4487</p> <p>Wednesday April 3rd – Transportation Innovation through Collective Impact project. Please join session #2 in Hood River. Contact Kathy Fitzpatrick kathy@mcedd.org (541) 400 0124 for more info</p> <p>Friday April 5th – The final Poverty Simulation is from 9am-1pm at the Wahtonka Campus, 3601 W 10th St, The Dalles. The simulation causes people to think about the harsh realities of poverty, engage in discussions about how communities can address the problem and encourages people to make a difference. Contact Shellie Campbell shelliec@ncphd.org</p>
<p>Honoring Karen Polehn</p>	<p>Mark Thomas led the group through a remembrance of Karen Polehn and read the announcement from her service.</p> <p>Karen Marie Polehn passed away February 24, 2019 at the age of 55, of a broken heart, after the love of her life and beloved companion “Steve” (K9) was mortally injured. Karen being compassionate and practical, helped Steve pass with dignity and minimal suffering. Then Karen joined him on the ground where he laid, wrapping him in her coat and arms to keep him warm and safe. Karen, being overcome, her Lord and Savior Jesus Christ came to comfort her and lead her to his kingdom where she will live with him in peace for eternity.</p> <p>Karen was a lifelong member of Zion Evangelical Lutheran Church in The Dalles, Oregon. She was baptized as an infant and was instructed in the word of her Father in heaven. She confirmed her faith in Christ on November 5, 1978 along with her sister Molly and brother Ken.</p> <p>As a child growing up on the family farm, Karen developed a deep appreciation for God's creatures. She loved playing with family pets, riding horses with her siblings, hunting ground squirrels, riding her bicycle, tending to the family’s flock of sheep and helping with the orchard chores.</p> <p>Karen was a girl scout, member of both FFA and 4-H. Karen enjoyed training her dogs. After graduating from The Dalles High School in 1981, Karen attended Blue Mountain Community College in Pendleton, Oregon and later Treaty Oak Community College in The Dalles, where she became the first of her siblings to earn a degree. Karen enjoyed being out in nature, living, and working on the family farm. Karen believed in giving back to her community and could be found volunteering her time, talents and energy in many places including Wasco County Farm Bureau where she proudly served as secretary for many years. Karen volunteered to help people in our community who suffer from mental illness, drug, and alcohol addictions. Karen was the kind of character who quite literally would do just about anything required to accomplish a project, including cleaning up messes most people would refuse to even look at, let alone touch.</p> <p>Karen was born April 14, 1963 on Easter Sunday to Marvin Otto Polehn and Donella Polehn “Potter”. She is survived by sister Delinda Jane “Polehn” Anderson, William (Bill) Anderson and their sons and grandchildren; brother Kenneth Marvin Polehn, Elizabeth Anna Marie “Egan” Polehn and their children and grandchildren; sister Molly Ann “Polehn” Lapsley, Mike Lapsley and Molly’s children and grandchildren; and brother Timothy William Polehn and his sons.</p>

	<p>Memorial contributions can be made to the Zion Lutheran Church trust fund.</p> <p>People shared their memories and joy of having known Karen and Steve. Karen’s unwavering commitment to assist and comfort others in need was truly exceptional.</p>
Approve January CAC meeting minutes	On a motion made by Susan Lowe and seconded by Heather Thompson, the January CAC minutes were unanimously approved.
Reports: CAP Report Board Report CAC Chair Report Parking Lot items	<p>CAP Report: Susan Lowe discussed that the OHP re-enrollment delays were discussed at the CAP meeting and providers are equally concerned regarding the impact to continuity of care to members. Trish Elliott added that the delays for new enrollments appears to be particularly long and services may not be covered retroactively. A request to Dustin Zimmerman to provide updates in future meetings regarding the enrollment backlog.</p> <p>Dental Access for Adults in Hood River county is exceptionally difficult and ODS appears to be not taking new patients. Trish will raise this issue at the next CAP meeting for possible action plans. Trish</p> <p>For Quality Incentive Measures (QIMs), the Gorge region appears to be on track for 100% payout for 2018 performance.</p> <p>Board report: Paul Lindberg shared that the February Board meeting as an all-phone meeting due to weather conditions. The topics on Allocating Fund and Organizational Capacity are still ongoing.</p> <p>CAC Chair Report: Paul Lindberg informed the group that he, Suzanne Cross, Joel Pelayo, Susan Lowe, Trudy Townsend and Dustin Zimmerman were headed to the Statewide CAC meeting the next 2 days. The April CAC meeting will include a report out of that event and includes topics such as CAC recruitment.</p> <p>Paul announced that the March meeting represented the 1-year anniversary of his role as Chair. Paul also shared his interest in grooming the next CAC Chair. Note: The CAC Chair is selected from the voting membership. If someone is interested in the CAC Chair role, please apply as a voting member if you are not one currently.</p> <p>Barb Seatter requested the status on the CAC review of the Chair role, scope and definition as agreed to a year ago.</p> <p>Bike Lot items (★are new from the meeting)</p> <ul style="list-style-type: none"> ● Joint CAC/CAP meeting ● A presentation on transportation/public transit ● Updates on Advanced Directives effort ● Future Commissioner Kathy Schwartz to speak on Housing ● Crisis/Substance Use Capability ● Look into incentivizing consumer survey for hand-fielded ● Simultaneous translation for CAC meeting ★ CAC to review CAC Chair definition, scope and job role
CAC Membership Goals &	Suzanne Cross led the group through the CAC Mission, Vision and Values as previously discussed. On a motion made by Susan Lowe and seconded by Christa Rude, the CAC

<p>Recruitment</p>	<p>unanimously approved the Mission, Vision and Values with one requested change – have all the Values be nouns for consistent reading.</p> <p>CAC Mission: We identify needs, barriers, and opportunities in the Columbia Gorge. At the same time, we advocate for solutions that support health and well-being in the region.</p> <p>CAC Vision: We envision a region of communities where all people enjoy improved health through equitable access to and engagement with coordinated resources.</p> <p>CAC Values: ~ Engagement ~ Collaborate -> Collaboration ~ Ensure equity -> Equity ~ Be transparent -> Transparency ~ Be inclusive -> Inclusivity ~ Ensure diversity -> Diversity ~ Empowerment</p> <p>CAC Recruitment: Suzanne handed out the postcards for getting the word out for new CAC members.</p> <p>Current CAC Voting members: Suzanne reviewed the current voting membership with the designation of Consumer and not Consumer. The current membership is:</p> <p>Meets OHP Consumer Member Guidelines</p> <ul style="list-style-type: none"> • Joel Pelayo (HR) • Mayra Rosales (HR) • Susan Lowe (Wasco) • Heather Thompson (Wasco)- mentor • Barb Seatter (HR)- Partner • Krystal Perez- (Wasco) <p>Does not meet OHP Consumer Member Guidelines</p> <ul style="list-style-type: none"> • Christa Rude (Wasco)- Partner • Carol Olvera (HR)- mentor • Trish Elliott • Paul Lindberg
<p>CHA Consumer Survey</p>	<p>Coco Yackley and Suzanne Cross reviewed the status of the Consumer Survey with a focus on the hand-fielded activity. Hand-fielding is about reaching at-risk populations who might not be captured through the mail-based survey process. For each of the following populations listed below, what might be barriers in reaching those populations, what could be strategies for overcoming those barriers and who can help?</p> <ul style="list-style-type: none"> • Elders • Young Adults and At-Risk Youth • Homeless • Latinx and Spanish Speaking • LGBTQ (Lesbian, Gay, Bisexual, Transgender, Queer) • Native American

	<ul style="list-style-type: none"> • Low Income • People with disabilities <p>Using one large piece of paper per population of interest, the CAC participants travelled around the room to each population of interest and wrote down their inputs.</p>
Plus/Delta Evaluation	<p>Pluses from the meeting:</p> <ul style="list-style-type: none"> • Honoring Karen Polehn • Having an opportunity to have a big voice • Collaboration on the activity - a good way to do the activity and the facilitators were flexible in the approach on the fly • The CAC meetings are well-organized
Next CAC Meetings	<p>April 22, 2019 @ FISH Food Bank May 20, 2019 @ MCMC Conference Room #1 – NOTE ROOM CHANGE</p>

Acronyms

A1C. Specific test for monitoring diabetes	HTN. Hypertension
ACA. Affordable Care Act	HVC. Home Visiting Connections
ACE. Adverse Childhood Experience	IIS. Immunization Information System
ADHD. Attention Deficit Hyperactivity Disorder	IMMS. Immunizations
AGA. Aging in the Gorge Alliance	LARC. Long-acting Reversible Contraceptive
AOC. Association of Oregon Counties	LUBA. Land Use Board of Appeals
APD. Adults & Peoples with Disabilities	MA. Medical Assistant
AWCV. Adolescent Well Child Visit	MARC. Mobilizing Action for Resilient Communities
BMI. Body Mass Index	MCCFL. Mid-Columbia Center For Living
CAHPS. Consumer Assessment of Healthcare Providers and Systems	MCCOG. Mid-Columbia Council of Governments
CAT. Columbia Area Transit.	MCEDD. Mid-Columbia Economic Development District
CAWEM, Citizen Alien Waived Emergent Medical	MCHA. Mid-Columbia Housing Authority
CCO. Coordinated Care Organization	MLR. Medical Loss Ratio
CGFM. Columbia Gorge Family Medicine	NCPHD. North Central Public Health District
CGHC. Columbia Gorge Health Council	NEMT. Non-Emergency Medical Transportation
CGOHC. Columbia Gorge Oral Health Coalition	NICH. Novel Interventions in Children’s Healthcare
CHA. Community Health Assessment	OCADSV. Oregon Coalition Against Domestic & Sexual Violence
CHARA. Community Health Advocacy & Research Alliance	OCDL. Oregon Child Development Coalition
CHIP. Children’s Health Insurance Programs	OCF. Oregon Community Foundation
CHIP. Community Health Improvement Plan	OCH. One Community Health
CLAS. Culturally & Linguistically Appropriate Services	OCHIN. Oregon Community Health Information Network
CME. Continuing Medical Education	OHA. Oregon Health Authority
CMS. Center of Medicaid Services	OHP. Oregon Health Plan
COIPA. Central Oregon Independent Practice Assoc.	OHPB. Oregon Health Policy Board
CRAFFT. (Adolescent Screening Technique) Car, Relax, Alone, Forget, Friends, Trouble	OHSU. Oregon Health and Science University
CRC. Colorectal Cancer	OKQ. One Key Question
DCO. Dental Care Organization	ONE. Oregon Eligibility
DDA. Dual Diagnosis Anonymous	ORPRN. Oregon Rural Practice-Based Research Network
DEI. Diversity, Equity & Inclusion	OSAA. Oregon School Activities Association
DHS. Department of Human Services	PCP. Primary Care Provider
DNR. Do Not Resuscitate	PCPCH. Patient-Centered Primary Care Home
DSN. Delivery System Network	PDMP. Prescription Drug Monitoring Program
DTAP. Vaccine for Diphtheria, Tetanus and Pertussis	PHQ. Patient Health Questionnaire
eCQM. Electronic Clinical Quality Measure	PHRMH. Providence Hood River Memorial Hospital
ECHO. Extension for Community Healthcare Outcomes	POLST. Physician Orders for Life-Sustaining Treatment
ECU. Effective Contraceptive Use	POTA. Pain and Opiate Treatment Advisory
ED. Emergency Department	PS. PacificSource
EHR. Electronic Health Record	QHOC. Quality & Health Outcome Committee
EMR. Electronic Medical Record	QIM. Quality Incentive Measure
EOB. Explanation of Benefits	RFP. Request for Proposal
FIT. Fecal Immunochemical Test	ROI. Return on Investment
GGFN. Gorge Grown Food Network	RWJF. Robert Wood Johnson Foundation
GOBHI. Greater Oregon Behavioral Health Inc.	SBHC. School-based Health Center
GRACE. Geriatric Resources for Assessment & Care of Elders	SBIRT. Screening, Brief Intervention and Referral for Treatment
HERC. Health Evidence Review Committee	SBST. STarT Back Screening Tool
HIE. Health Information Exchange	SIT. Systems Integration Team
HIT. Health Information Technology	SNAP. Supplemental Nutrition Assistance Program
HRCHD. Hood River County Health Department	SPMI. Serious and Persistent Mental Illness
HRCPD. Hood River County Prevention Department	SUD. Substance Abuse Disorder
	TANF. Temporary Assistance for Needy Families
	TQS. Transformation and Quality Strategy
	WIC. Women, Infants & Children